

St. Mary's and
Aquinas website:
www.aquinas-catholic.com



The Torch



"Anchored
In Christ"
School Year
Theme for
2019-2020

March, 2020

Dear Friends of Aquinas & St. Mary's,

A few weeks ago, we had our first meetings for the 2020-2025 Strategic Plan. It is hard to believe, but it has already been five years since we started the last one. This time around should be a little bit easier, because we already have the main pillars from last time and can hit the ground running. Our five pillars for long-term planning are: **Supportive Student Life, Sacred Catholic Foundation, Exceptional Learning Environment, Dynamic Community Relationships, and Financial Sustainability and Advancement**. God has blessed us with outstanding parents, teachers, and community members to help us develop the next strategic plan, and I am excited to see the final product that our groups create.

The purpose of many people putting in hours of hard work is to ensure that our Aquinas/St. Mary's Schools have a clear vision going forward, and that we stay faithful to our Mission as a Catholic school. In other words, we are not going through the motions just to say that we are doing something. We are putting in the hard work because we believe that when all of our schools' stakeholders have input into the direction we want to go, then our students will be the ones who benefit.

The strategic plan process includes identifying the different pillars' strengths, weaknesses, opportunities and threats. Based upon all of that information, each group develops new five-year goals that are discussed, fine-tuned, and that can be implemented during the summer, the next school year, and beyond.

We are inviting everyone to attend our Open Forum meetings to learn about our strategic plan progress and possible goals for the future. The next Open Forums are **March 16 and April 20 at 7:00 p.m.** in the Aquinas Chapel Conference Room. I hope to see you there!

God bless you and your families,

Fr. Sean M. Timmerman
Chief Administrative Officer

From the Principal.....



Dear Friends of Aquinas,

It may be cold outside today, but spring will soon be upon us. For high school students, the emphasis needs to shift to time management. Classes will continue as normal. Some may get a little more challenging as the students prepare for finals, but spring ushers in a host of co-curricular and extracurricular activities that will compete for their time.

Aquinas students get involved in a number of activities, and we strive to provide opportunities for all students to grow and develop spiritually, academically, socially and physically. Students love to compete and perform and in a small town like David City, the schools activities programs are also one of the main sources of entertainment. We are happy to be a part of this, but our students must learn to budget their time and maintain their priorities.

District music and show choir competitions will have many of our band and choir students coming in frequently at 7:00 in the morning or earlier. Spring sports will keep the students busy after school and on some weekends. The spring musical will be rehearsing from 6:30 until 9:00. Students may be coming home at 9:30 at night and try to focus on homework before they fall asleep. It's tiring for me to even think about that schedule, but our students will do this several times a week. They do it with a great attitude because they want to be good at what they do and they know that these opportunities will not last forever. In a few years, and for some a few months, these activities will be gone. They will become memories to carry with them as they move on with their lives.

Parents, help keep them focused. Encourage your son or daughter to keep up with their studies and get as much sleep as possible. If you have a family outing, take them along. It is important for students to remember from where their support comes. Keep them strong in their faith and strong in their family. The rest will work itself out.

Have a great spring.

David G. McMahon, Principal

RETURNING STUDENT REGISTRATION

Increase accuracy with student data *especially for the alert system: SchoolMessenger*, we will again utilize the online Powerschool Enrollment.

The Diocesan Tech Office has worked with PowerSchool and it is much easier and faster than last year.

Two ways to complete online Powerschool Enrollment

1. If you use **Parent Portal** (Aquinas parents use to view a students grades) toward the bottom of the left-hand pane, click on **“Returning Student Registration.”**

This cannot be done through the Powerschool app on your phone.

2. Visit: **www.aquinas-catholic.com**

Click: **Parents** tab on top. Click: **RETURNING STUDENT REGISTRION**

Enter each student’s unique snapcode (They were emailed on Feb. 11)

Questions? Aquinas Office at 402-367-3175 or PowerSchool Registration Support Team at 866-434-6276

We are grateful that you are choosing to send your child to Aquinas & St. Mary's next year.

We sincerely hope that your experience with this process is consistent with our goal of maintaining a positive partnership with you.

DUE MARCH 31!



SCHOLARSHIP APPLICATION

Apply Today!

HOW TO APPLY

1. Go to <https://online.factsmgt.com/signin/43NG4>
2. Apply for FACTS Grant & Aid Scholarships using 2019 or 2018 tax return
3. Complete application BEFORE March 31, 2020



Monarchs in the Middle

AQUINAS
MIDDLE SCHOOL

MARCH, 2020

Students encouraged to practice discounts, sale prices

Pre-Algebra has welcomed our student teacher, Mr. Sam Rose, from Concordia University. He will be here until March, then he will move to his next student teaching assignment in St. Louis. He is covering lessons with percents, decimals, sales, tax, percent increase/decrease, discount, sale prices, markups, retail prices, and wholesale prices. These lessons are very applicable in daily life. We talk about common sense answers and figure approximately what the answer looks like so they have an idea of what type of answer they should get.

I encourage you and your child to figure discounts and sale prices when you go shopping. Do some random easy figuring like 10% off of \$50 is \$5 off the price. Let them figure what they should be paying. It is good common sense math that we hope they will use the rest of their lives.

Algebra 8 is currently factoring polynomials. It is a guess/check type of problems, but what I tell the students is they CAN check every single problem. They could have a 100% on their homework, and test if they go the extra step to check their answers. This can be done many times in math, not just with factoring. I show my students how to check, and some do take the extra time to do so. I encourage you to look over your child's homework, look to see what they are doing and if they are taking the time to check their answers.

~ Mrs. Janet Timoney

Students study earth interior, weather, astronomy

Middle School Science has been very productive. Sixth grade has moved on to Earth Science learning about the Earth's interior. They created 3D models to represent the layers of the Earth. These were really impressive. Some were on display at the Tri-Councils. Then we learned about the supercontinent, Pangea. They read about continental drift, sea-floor spreading and plate tectonics. Their next project will have them using spaghetti noodles and marshmallows to create a structure that they think can withstand an earthquake. Volcanoes will be next on our agenda.

Seventh grade continues to learn about weather.



They have learned to make weather station models that illustrate the temperature, wind speed and direction, cloud cover, dew point and air pressure. They will research different storms and make power point presentations to communicate facts and safety rules for each storm type. They will then be moving on to Newton's Laws of Motion and calculating acceleration.

Eighth graders finished up the biology unit with a dissection of a fish. They are now learning astronomy, such as planets, moon phases, and star constellations. They created paper versions of the planets that were to scale of each other. They also did a project on adding machine paper that puts into perspective the distance between the planets. The students will be watching the moon for a couple of weeks to be able to watch all the phases of the moon. They did stations in which they encountered the HR Diagram showing the brightness and temperature of stars.

~ Mrs. Shelly Mayo

LEFT: Eighth graders doing HR Diagram Stations to learn about stars' brightness and temperature.



Opportunities for STEM Abound

In the summer of 2018, teachers from both St. Mary's and Aquinas met for several days and aligned their science curriculum Pre-K through 12th grade. This was a wonderful opportunity to look for more opportunities to provide engaging opportunities for students to learn and practice science exploration. We were also able to take advantage of textbook loan funds to purchase some new hands-on units that have provided additional experiments and investigations. We are growing red worms and butterflies, creating land forms and exploding volcanos, and testing properties of physics; from Pre-K through fifth grade.

We also added robotics summer camps and a competitive robotics program. About 1/3 of our 3rd-5th graders have jumped in to join these teams. An additional ADM grant will further expand our robotics equipment down to preschool as well as providing additional equipment for the existing teams and expanding up through middle school. We are looking ahead to more of our students developing a real passion for Science, Technology, Engineering, and Mathematics!

Mrs. Sarah Zook, Principal

St. Mary's Catholic Elementary School
1026 5th St.
David City, NE 68632
(402) 367-3669, fax 367-3703
www.aquinas-catholic.com

Pre-School/Pre-K News

The Five-Day Pre-K class studied volcanoes this week. We watched some videos and read some books about volcanoes. We looked on the map to see where volcanoes are and we made volcanoes out of salt dough. On Thursday, we were scientists and made our volcanoes erupt. We drew pictures to show what happened when we added baking soda and vinegar to our volcanoes. It was so exciting! (*Right Photo*)

~ Mrs. Rachel Wisnieski





St. Mary's Catholic School

March, 2020

First Grade News

The first graders have done a lot of writing and have learned a lot about grammar in our Journey's Language Arts program this year. Before the first graders write their paragraphs, they fill out an organizer making sure they have all the parts of a paragraph; a topic sentence, supporting details, and a closing sentence. Some of the new grammar they've learned to identify and write are prepositions and prepositional phrases, possessive nouns and pronouns, prefixes like re- and un-, and suffixes like -ly and -ful. We are really impressed with how much the students have grown in their writing and grammar!

(Bottom Photo)

~ Mrs. Jennifer Suehl and Mrs. Sandy Vavrina

Second Grade News

The second graders have been very busy this month. They have been going to confession and still learning about the sacrament of Holy Communion that they are going to receive later this year. In Mr. Weiss' Social Studies class, they learned about ancestors and from what countries their ancestors came. In Science class, the second graders started to learn about matter and the different states objects can be.

Both classrooms have enjoyed having visitors from the Villa come and listen to them read during their reading groups.

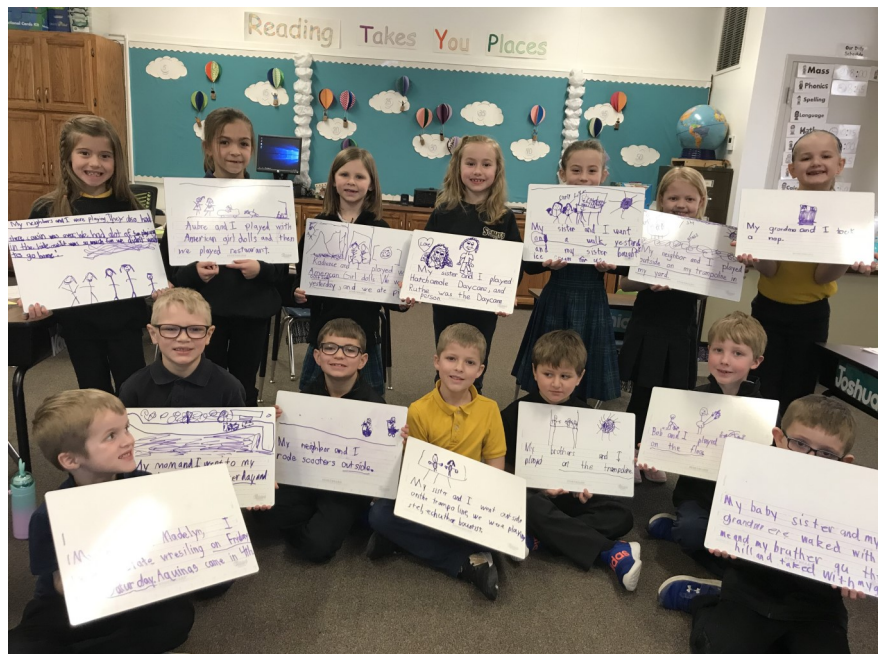
~Mrs. Carly Eller and Mr. Trevor Weiss



Kindergarten News

The kindergartners love when the seniors visit each month! They have fun reading books, creating art projects, and playing games together. Thank you, seniors! *(Above Photo)*

~Mrs. Alison Fozzard and Miss Katie Healy





St. Mary's Catholic School

March, 2020

Third Grade News

It is hard to believe we are more than half-way through the third quarter already. We have been so busy in Third Grade that the days just seem to fly by. As the year progresses, our subject areas are naturally becoming more difficult. The Third Graders are doing a nice job of keeping up with all the hard work. In Math, we have learned the perfect squares and square roots. They also continue to learn more multiplication facts, division facts, add and subtract with regrouping and solve story problems. We are in the middle of our map unit in Social Studies. We will learn all the continents, oceans, hemispheres, and states surrounding Nebraska as well as the parts of a map. In Religion, we are learning about the importance of frequent confession and how to make a good confession.

~ Mrs. Tina Janak and Mrs. LaDonna Naiberk

Fourth Grade News



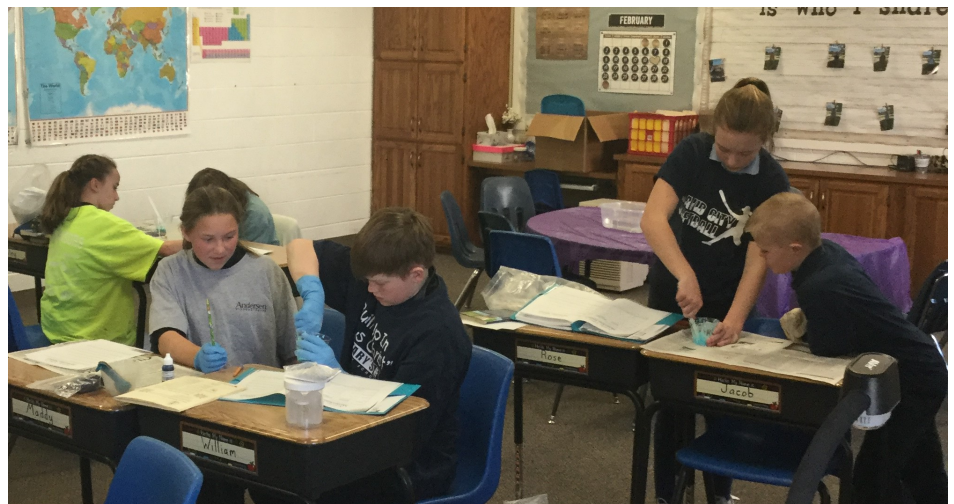
Prayer. Fasting. Almsgiving. These three words were written on the board as Fr. Stec began his weekly class with fourth grade. Every week Father has 30 minutes to speak with both sections of fourth graders, and this week's focus was Lent. He stifled some laughter from students who were saying they were going to give up school, homework, broccoli, etc. for Lent this year. Then he reeled them back into the seriousness of the discussion. The students were asked to think hard about what they could do for Lent and next week, they will write a contract with God within these three areas: prayer, fasting, and almsgiving. Lent is a wonderful time to turn our focus back to God, suffer a little bit, and hopefully grow good, lasting habits in order to become better Catholic people.

~ Miss Ellen Ridder and Mrs. Julie Smith

Grade 5 News:

The fifth graders have enjoyed learning about science this semester. They ask great questions and are very inquisitive, wondering about new concepts from what makes up matter to chemical and physical changes. They especially enjoyed the experiment making "oobleck" when we looked at properties of certain substances more closely. *(Right Photo)*

~Ms. Koranda and Mrs. Comte



**St. Mary's Catholic School
Soup Supper, Carnival Games
& Silent Auction**



Tuesday, March 10

from 5-7:00 pm

Adults \$7 Children \$5





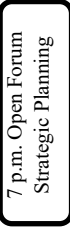

(3 years and under free)

~Carry Out & Drive Thru Available~

St. Mary's Gym at 1026 5th St, David City

March 2020

Aquinas/St. Mary's Catholic Schools

SUN	MON	TUE	WED	THU	FRI	SAT
1 1st Sunday of Lent  Indicates Schedule Change	2 Gr. 9-10 JTBS Testing This Week  1:00 p.m. Quiz Bowl at Fullerton	3	4 Faculty Meeting 10:00AM Late Start	5 SMS Baptism Mass & Adoration End of Quarter 3 State GBB Tournament	6 NO SCHOOL State GBB Tournament Speech @ Malcolm	7 State GBB Tournament
8 2nd Sunday of Lent Daylight Savings Time Begins	9 Gr. 6-8 JTBS Testing This Week 	10 SMS Soup Supper	11	12 State BBB Tournament	13 State BBB Tournament	14 State BBB Tournament
15 3rd Sunday of Lent	16 8 a.m. District Speech at David City HS  7 p.m. Open Forum Strategic Planning 	17	18	19 AMS Malcolm Music Festival	20	21 4:00PM Conference Music @ Omaha Concordia SMS Father/Daughter Dance
22 4th Sunday of Lent	23	24 4:00PM B/G TR @ Shelby Tri	25 Penance Service & Eucharistic Adoration	26 State Speech @ Kearney	27 SMS Spirit Day	28 Prom
29 5th Sunday of Lent	30 4:30 p.m. Golf at Norfolk Lutheran 	31 2:00PM B/G TR @ Scotus Relays				

AQUINAS/ST. MARY'S 2020-2021 SCHOOL CALENDAR

JULY							AUGUST							SEPTEMBER							OCTOBER								
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NOVEMBER							DECEMBER							JANUARY							FEBRUARY								
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MARCH							APRIL							MAY							JUNE								
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						22						19						13							89				

177 Days of Instruction 9 - 12

169 Full Days 8 10:00 Start Days 182 contract Days

5 Faculty Professional Development/Workdays

Semester One

- August 10 - Fall Sports Practice Begins
- August 10,11 - Faculty Workdays
- August 12 - First Day of School (1:00 Dismissal)
- September 7 - Labor Day (No Classes)
- October 12 - Faculty Inservice Day (No Classes)
- October 16 - End of Quarter 1
- October 22 - Parent Teacher Conf. 2:00 - 4:00 & 4:30 - 7:00
- October 23 - (No Classes)
- November 25, 26, 27 Thanksgiving Break (No Classes)
- December 22 - Last day of Semester 1
- December 23 - December 27 - No Practices
- December 23 - January 6 - Christmas Vacation

177 Days of Instruction K - 8

169 Full Days 8 10:00 Start Days 182 contract Days

5 Faculty Professional Development/Workdays

Semester Two

- January 6 - No Classes (Faculty Workday)
- January 7 - Classes Resume
- February 5 - No Classes (Faculty Workday)
- February 11 - Parent Teacher Conf. 2:00 - 4:00 & 4:30 - 7:00
- February 12 - (No Classes)
- March 5 - (End of Quarter 3)
- March 12 - (No Classes)
- April 2 & 5- Easter Break (No Classes)
- April 9 - (No Classes)
- April 10- (Gold Rush)
- May 12 - Baccalaureate (7:00PM)
- May 13 - Ascension (No Classes)
- May 16 - Graduation (4:30PM)
- May 20 -End of Quarter 4



.....from everyone at
Aquinas & St. Mary's!

Thank you to St. Joseph's Court for their blanket donation for the Aquinas/St. Mary's Go Bucket collection.

More donations are still needed.

If you would like

more

information,

please go to the

following website:

<https://aquinas-catholic.com/need-go-buckets-supplies>



Thank you to everyone who helped with the Aquinas Invitational Speech Meet.

Thank you to the St. Mary's Spirit Club and the Aquinas Home and School for providing a meal for the teachers during conferences.

Thank you to everyone who helped with the Aquinas Monarch Classic. It was a great fundraiser for Booster Club.

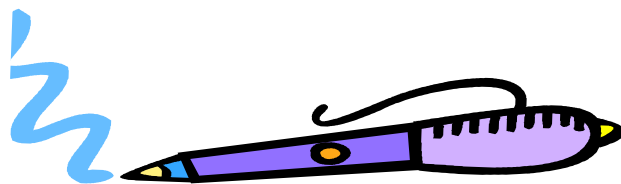
Thank you to everyone who helped with Catholic Schools Week including the St. Mary's Cooks, Aquinas Student Council, St. Mary's Spirit Club and Aquinas Home and School



Thank you to Ella Hilger, Carm Fiala, Julia Nemec and Beth Nemec for their donations of books to the Aquinas Library.

March To-Do List

- File the FAFSA
- Ask about campus housing applications
- Keep working on scholarships!
- Expect a financial aid package
- Colleges often request info to verify the FAFSA be ready to submit paperwork to them



Making the Final Decision

www.collegeboard.com

If you've received award letters from more than one college, congratulations! Your hard work has paid off, and now you get to choose which college is best for you.

Don't worry about choosing that one perfect college — there's no such thing! The bottom line is that college is what you make of it: What you do while you're there matters more than the college name on your diploma. Here's how to make your decision.

You don't have to decide overnight but don't miss the reply deadline.

Get More Information

You already have a lot of information about each college, but digging a little deeper can help you make the best choice for you.

Ask questions.

Create a list of any questions you still have about the colleges you're considering. You may want to get answers to questions like these:

How many students return after freshman year?

How many graduate?

Does the college offer the major I'm interested in?

What can I do for fun?

What kinds of students feel at home at this college?

Get answers.

The best place to get an answer depends on the question. Ask people who work at the college or even

Current students.

As you search for answers, it's important to use only trustworthy sources of information and to recognize the difference between fact and opinion. A college's official website and its admission officers are often the best sources of factual information about that college.

Visit — or revisit — the campuses.

If possible, check out a college's campus to get more information. If you can't visit a campus, call or email the admission office with your questions. Ask if someone there can put you in touch with current students and recent graduates. Your high school counselor and teachers also may know students who graduated from your high school and now attend the college.

Think things over.

You've done research and asked questions. Now it's time to check your own thoughts and feelings. Ask yourself questions like these:

How did I feel when I was on campus at each college?

Which colleges best match my list of must-haves?

Where can I imagine myself as successful and happy?

Compare the colleges.

Use your new information to sort the colleges by what they offer and what you want. Make a list of the pros and cons for each college.

Compare Financial Aid Awards

Your decision should not be solely on cost, however it should certainly be considered.

Make Your Decision

You don't have to decide overnight. Many colleges don't expect your final decision until May 1, so you have some time to make up your mind. But remember that colleges are serious about reply deadlines. If you don't send your deposit in time, you risk losing your place.



College Visit: UNL, March 18, 3:20 p.m.

Student Aid Explained

The SAR (Student Aid Report)

The SAR is your Student Aid Letter. You will receive this by email within a week of filing the FAFSA. The SAR will explain your EFC (expected family contribution). This is the formula FAFSA calculates according to your cost of education. FAFSA will send this information to the prospective colleges and they will then prepare a financial aid award letter based on the data.

The Financial Aid Award Letter

This award letter will come from your college in early spring. The letter will summarize the aid the school is prepared to offer. Financial aid will be listed according to the type (scholarships, government grants and loans and out of pocket expense). The college will expect you to accept or decline these awards an return the letter.

Federal Aid Programs—

Federal programs are based on financial need. They are the largest single source of financial aid for college and come in the form of grants.

State Aid Programs—Most states support various aid programs (both need-based and merit). Generally, eligibility for state need-based programs follows the federal guidelines. This will be listed as a scholarship at the college (example -Board of Regents Scholarship)

Grants and Scholarships —

Awards based on merit or merit plus need. They don't have to be repaid.

SAMPLE FINANCIAL AID AWARD LETTER...

The University of Portland is pleased to offer you the following estimated financial aid award. This award is based on several factors including your academic accomplishments, eligibility for need based aid, and financial aid application (FAFSA). For additional information on your award, we encourage you to reference the UP Financial Aid website at up.edu/financialaid. This website may answer many of your questions.

Award Details

Gift Aid	SUMMER	FALL	SPRING	TOTAL
Merit Scholarship	-	\$6,500.00	\$6,500.00	\$13,000.00
UP Grant	-	\$2,500.00	\$2,500.00	\$5,000.00
Federal Pell Grant	-	\$2,698.00	\$2,697.00	\$5,395.00
State Need Grant	-	\$1,000.00	\$1,000.00	\$2,000.00
Endowed UP Scholarship	-	\$1,000.00	\$1,000.00	\$2,000.00
Total Gift Aid:				\$27,395.00
Loans				
Direct Subsidized Loan	-	\$1,750.00	\$1,750.00	\$3,500.00
Direct Unsubsidized Loan	-	\$1,000.00	\$1,000.00	\$2,000.00
Direct Parent PLUS Loan	-	\$5,000.00	\$5,000.00	\$10,000.00
Total Loans:				\$15,500.00
Outside Aid				
Community Foundation	-	\$750.00	\$750.00	\$1,500.00
Total Outside Aid:				\$1,500.00
Work Option				
Federal College Workstudy	-	\$1,000.00	\$1,000.00	\$2,000.00
Total Work Option:				\$2,000.00
Total Financial Aid Offered:	-	\$23,198.00	\$23,197.00	\$46,395.00

Helpful Financial Aid Resources

EducationQuest Foundation
www.educationquest.org

Federal Student Aid
www.studentaid.ed.gov
www.fafsa.ed.gov
www.finaid.org

College fairs happening across the state

EducationQuest is sponsoring college fairs this spring. These free events provide an opportunity for juniors to narrow their college choices:

[Southeast Community College Fair](#) – March 29, 1-3 p.m., Southeast Community College

[Omaha Area College Fair](#) –April 5, 1-3 p.m., University of Nebraska Omaha Sapp Fieldhouse

Before you attend, register for a barcode at NebraskaCollegeFairs.org or EducationQuest.com. Print the barcode (or download it to your smartphone) and take it to the fair. College reps will scan it to retrieve your demographic information – and you won't have to complete their information cards.

From the Campus Minister

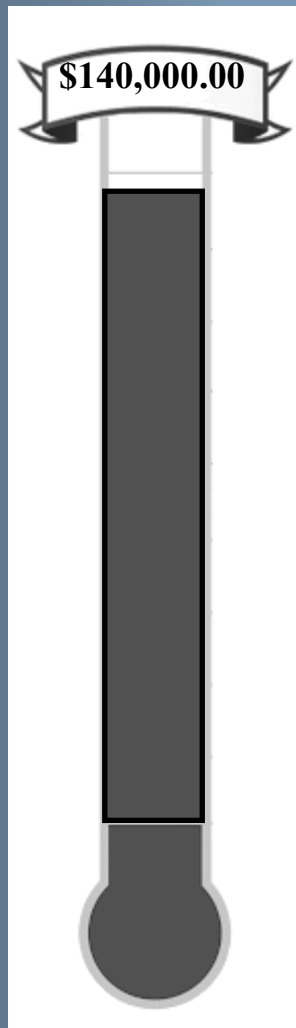


March, 2020

Aquinas FIRE hosted Wahoo Neumann FIRE with over 40 students in attendance, Feb. 9! The night started with a fun ice-breaker as seen in the first picture. Students then broke into faith-sharing groups, prayed together in Eucharistic Adoration and had fun social time. The focus in our monthly FIRE nights is on prayer, a personal relationship with Christ and friendship with each other! Aquinas FIRE will be invited to Wahoo in May for another night with Bishop Neumann friends. March FIRE date TBA in daily announcements very soon!



AQUINAS & ST. MARY'S CATHOLIC SCHOOLS 2019-20 ANNUAL APPEAL



Your generous gift will help us to bridge the gap between Parish Assessments and Tuition. You can make your gifts online at aquinas-catholic.com or mail them to Aquinas & St. Mary's, Attn: Annual Appeal, P.O. Box 149, David City, NE 68632

**WE'RE ALMOST THERE!
HELP US REACH OUR GOAL!**

GOAL: \$140,000.00

Received: \$123,443.00

THANK YOU! You've already helped us raise 88% of our goal.

Prom Dress clarifications presented

NOTE: The following information was discussed with the junior and senior girls.

Dear Parents:

At Aquinas Catholic High School we want to work with our parents to educate students on practicing the virtue of modesty, which we know is not easy in today's society, so we want to clarify acceptable dress styles as listed in the handbook. This isn't a change in the policy but a clarification of how the policy will be enforced. As the handbook states, *"Prom is a FORMAL event. Girls may wear formal dresses. Nothing low-cut, or backless is permitted. Dress hemlines and/or slits must be a modest length below the fingertips, and midriffs may NOT be exposed. Girls need to have their shoulders covered for Mass."* The following should be followed:

- *Dresses may be strapless (if they fit properly) or include spaghetti straps.**
- *Dresses may be lower in the back, as long as they are not cut below a line drawn around from the naval.**
- *2-piece dresses MUST overlap at the waist: meaning top MUST overlap with skirt waistband. Midriffs will not be exposed. This includes both front and side. With arms down at your side, if flesh touches flesh, the dress is inappropriate. Also, when arms are raised (such as in slow dancing) the midriff will not be exposed.**
- *Dresses may not have a slit that exceeds mid-thigh. This is fingertip length.**
- *Dresses may not be cut below the bust line.**
- * Undergarments should not be visible. See-through apparel is not permitted.**
- * Garments that are tight or low-cut are also unacceptable.**
- * Side cuts would not be considered modest but could be altered by inserting fabric to cover the cut areas**
- * Dress length must be mid-thigh (approximately 5" inches above the middle of the knee both in the front and the back).**

Gentlemen, you are expected to wear formal attire. Formal prom attire may be classified as a tuxedo or dress suit, including a tie or bow tie, a dress shirt, which may include a vest or cummerbund, and dress shoes. Shirts are to be worn at all times. Tennis shoes and athletic shoes are unacceptable. If you are bringing a date from another school, they will have to comply to the same rules as our female students.

Even though in the past, dress attire that did not meet this criteria may have been admitted, this criteria will be adhered to beginning this year. We hope to maintain the integrity and formality of this night by enforcing this simple dress code. To ensure we don't have to turn students away due to violations, we will require girls to send photos of themselves wearing the dress ahead of time. The photos will need to show a full front, both sides, and back view. Also, a photo will be required of the girl with her arms raised to ensure no midriff is showing. Due to body types not being the same, approval will be on a case by case basis. Photos will be sent to Mrs. Pokorny and Mrs. Svec. If girls would rather bring their dress to school ahead of the Prom date and try it on for Mrs. Pokorny or Mrs. Svec, they may do so. A dress that doesn't meet the criteria may be easily altered by inserting fabric. We will work with girls, regardless of when they have their dress (even the day of the event) to ensure they can attend.

Junior and Senior girls will watch a presentation that will show acceptable and unacceptable dress choices. Another option for girls is to rent a dress from the Rent The Runway website:

<https://www.renttherunway.com>

Sincerely,

Fr. Sean Timmerman
Chief Administrative Officer

Teresa Pokorny
Senior Class Moderator

Seth Pierce
Junior Class Moderator

March 2020

Aquinas Catholic Schools

	Mon	Tue	Wed	Thu	Fri	Sat
Veg/fruit bar & milk offered every day.	2 Popcorn Chicken Bowls Corn Fruit Bread	3 Goulash Side Salas Fruit Garlic Bread Stick	4 LATE START Deli Sandwich Nachos Green Beans Fruit	5 Tacos Garnishes Corn Jello Churro	6 NO SCHOOL	7
8	9 Burritos Spanish Rice Refried Beans Side Salad Fruit	10 Meatball Subs Sun Chips Green Beans Fruit	11 Chicken Strips Baked Potato Mixed Veggies Bread Fruit	12 Chili Cinnamon Roll Garnishes Fruit	13 Grilled Cheese Tomato Soup Relishes Fruit	14
15	16 Fiestadas Tri-Taters Green Beans Apple Crisp Fruit	17 Ham Patty on Bun Potato Jo Jos Coleslaw Fruit	18 Chicken Bacon Ranch Wraps Corn Garnishes Fruit	19 Loaded Nachos Green Beans Cookie Fruit	20 Pancakes Egg Patty Hashbrowns Fruit	21
22	23 Chicken Fried Steak Potatoes & Gravy Corn Cake with Strawberries	24 French Dip French Fries Green Beans Fruit	25 Crispitos Spanish Rice Refried Rice Fruit	26 Charbroil on Bun Tater Tots California Blend Fruit	27 Cheese Pizza Tri-Taters Side Salad Rice Krispie Bar Fruit	28
29	30 French Toast Sausage Patty Hashbrowns Fruit	31 Hot Dog Polish Dog Tri-Taters Baked Beans Fruit				

USDA is an equal opportunity provider and employer



St. Mary's Grade School

March 2020

This institution is an equal opportunity provider

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Teriyaki Bites French Fries Pineapple</p>	<p>3</p> <p>Chicken Sticks Corn Pears</p>	<p>4</p> <p>LATE START Hot Dog on Bun Baked Beans Peaches</p>	<p>5</p> <p>Beef Taco on Shells Green Beans Mixed Fruit</p>	<p>6</p> <p>NO SCHOOL</p>
<p>9</p> <p>Chicken and Rice Carrots Pears Tea Rolls</p>	<p>10</p> <p>Bring Sack Lunch Soup Supper</p>	<p>11</p> <p>Corn Dogs Green Beans Apricots</p>	<p>12</p> <p>Beef Sticks Mash Potatoes Gravy Corn Apricots</p>	<p>13</p> <p>Cheese Pizza Peas Peaches</p>
<p>16</p> <p>Orange Chicken Rice Broccoli Pineapple</p>	<p>17</p> <p>Pizza Green Beans Mixed Fruit</p>	<p>18</p> <p>Hamburger on Bun French Fries Cheese Slice Pears</p>	<p>19</p> <p>Chicken Noodle Soup Corn Peaches Tea Rolls</p>	<p>20</p> <p>Cheese Ravioli in meat sauce Carrots Fruitables</p>
<p>23</p> <p>Chicken Nuggets Tator Tots Pears</p>	<p>24</p> <p>Chili Soup Corn Crackers Cinnamon Rolls</p>	<p>25</p> <p>Pigs in The Blanket Green Beans Spiced Apples</p>	<p>26</p> <p>Beef Sticks Mashed Potatoes Gravy PEAS Apricots</p>	<p>23</p> <p>Pancakes Hash Browns Mandarin Oranges</p>
<p>30</p> <p>Popcorn Chicken French Fries Mixed Fruit</p>	<p>31</p> <p>Spaghetti and Meat Sauce Corn Strawberries Garlic Bread</p>		<p>Milk and/or Water Offered Daily</p>	<p>Fruit and/or Salad Bar Offered Daily</p>

The Aquinas Student Council suggested the inclusion of khaki to the uniform.

Aquinas & St. Mary's has partnered with Tommy Hilfiger Uniforms who can provide the same quality uniform items at **20-45% cost savings!**

Previously purchased Dennis items can still be worn.

Here is an overview of the Uniform Guidelines starting in the **Fall of 2020.**

Aquinas Catholic UNIFORM OVERVIEW

**See the handbook for the entire dress code*

SCHOOL UNIFORMS by TOMMY HILFIGER

www.globalschoolwear.com School Code:AQUI03

with collar
any brand



Gold, Black,
or White Top



Black Slacks any brand
Khaki Slacks **MUST** be School Uniforms



Performance Golf Pant

Must
wear
a belt



Aquinas Sweatshirt
sold every year by
the current sophomore class

No
hoodies or
activity
sweatshirts

Quarter Zip Uniform Top



School
Uniforms by
Tommy

School
Uniforms by
Tommy

Long Sleeve
V-Neck
Sweater



All khaki items **MUST** be purchased from School Uniforms by Tommy Hilfiger

Clarifications

- All khaki items **must** be purchased from School Uniforms by Tommy Hilfiger
- A uniform shirt with collar **must** be worn under sweaters
- Black slacks can be any brand
- Khaki items are only available for Aquinas students

If you have questions, the [entire dress code is in the handbook online](#)

Bus Raffle Tickets on sale now!



Raffle tickets for the Annual Aquinas & St. Mary's Bus Raffle are on sale now and can be purchased from someone in your parish or at Aquinas Catholic Schools for \$100 each. Winners will be drawn at Gold Rush, **April 4, 2020**—you need not be present to win.

Prizes:

\$5,000.00

\$2,500.00

\$1,000.00

\$1,000.00

\$500.00

You can purchase tickets at the Aquinas office or contact the following parish reps to purchase tickets:

St. Mary's/Appleton: Mike & Pam Siroky

St. Peter's/St. Joseph's: Cory & Jenny Kavan

St. Francis: Jason & Tori Lavicky,

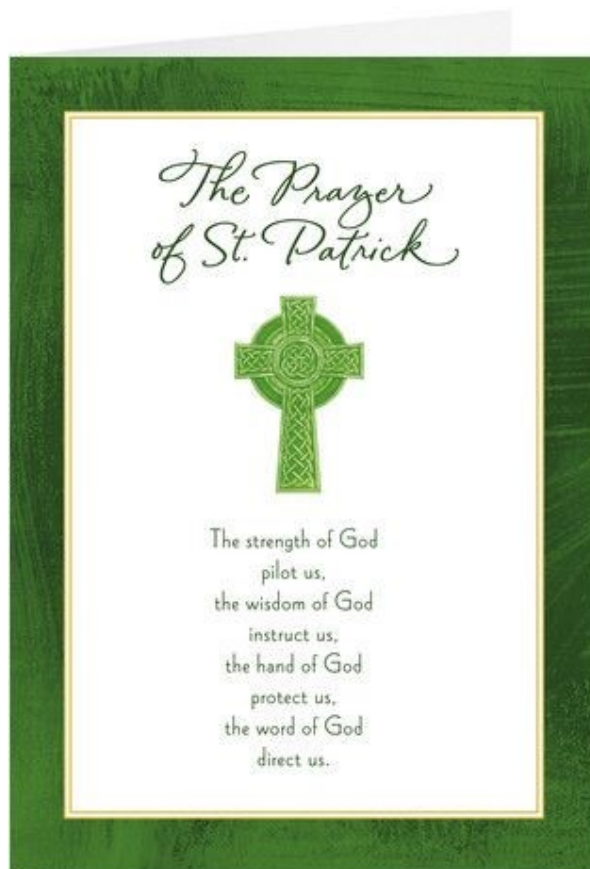
Immaculate Conception: Al Moravec

Holy Trinity: Lyle & Pam Jakub

Sacred Heart: Lindsey Truksa

Presentation: Matt & Nissa Hilger

Ss. Peter & Paul/St. Anthony's: Trev & Michaela Moravec



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1026 5th St.
David City, NE 68632
Phone: (402)367-3669
www.aquinas-catholic.com

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3420 MN Rd, PO Box 149
David City, NE 68632
Phone: (402) 367-3175
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