



St. Mary's Catholic School

Friday Notes



Available with additional pictures and attachments in parent's email and online at <https://www.aquinas-catholic.com/stmarys/friday-notes/>
(Please let us know if you did not receive them in your email.)

March 13, 2020

Prayers for Good Health

I hope you are finding some peace amidst this chaos. We did post signs in the bathrooms to have students pray a Hail Mary for health of their family and community while they scrub their hands. We are maintaining our cleaning procedures and asking all staff and students to stay home if not feeling well. Hopefully we can make it through our year (or at least most of it) without much sickness in our area. Please know we are in constant contact with health officials and will make decisions that are in the best interests of your children. We will keep you informed as we have information.

Please continue to calm your child's fears at this time. We have been doing so here at school, too. They hear many things on the news or from others about what is going on and they may not be able to comprehend them. It will not help them to be overly concerned or to worry about their family's safety. One beautiful thought is that your brain cannot feel anxiety and gratitude at the same time. **Asking your child to think of something around them that they are thankful for** may be enough to break their worry cycle at least for a little bit.

The Father-Daughter dance is scheduled to continue unless we have more issues by mid-next week.

God bless and prayers for peace and health for your family,

Mrs. Zook



From the Spirit Club Spiritual Coordinator:

Baby update: Your baby is now 32 weeks (fetal age). He is 18 inches long and 4 3/4 pounds. That is about the size of a pineapple with the stalk. His heart has beat over 45 million times since it began. His lungs produce "air pockets" cells. Limited testing suggests newborns seem to prefer food that mom eats during the last weeks of pregnancy.

PRAYERS

- ❖ For those dealing with Coronavirus.
- ❖ To keep our community and schools healthy.

VIRTUE IN PRACTICE for March
Mercy: *Caring for those who suffer; forgiving when they don't deserve it.*
St. John Vianney (PK-2), St. Faustina (3-5)

THANK YOU

- ❖ to the Soup Supper Chairs for a wonderful event! Thank you to all the families who volunteered to help make this event possible!!

UPCOMING EVENTS:

****FACTS is open, can start applying for Good Shepherd Diocesan Scholarships now. EASIER application and expanded to help more families this year!** Must apply for 4th+ child free. Please submit by Mar. 27 (Can use 2018 or 19 taxes)**

Fridays, 5-7:30, KC Fish Fry-St. Mary's gym

***Mar. 14, Page One Fun Day in Lincoln has been canceled.**

Mon., Mar. 16, Open Forum-Strategic Planning, Aquinas Chapel, 6 PM, all are welcome!

Tue., Mar. 17, Feast of St. Patrick. WEAR GREEN shirts and uniform bottoms and please *bring \$2 for your class's Gold Rush project.*

Thu., Mar. 19, 7:45 AM, Banking in Schools

Fri., Mar. 20, 2:45 Stations of the Cross in the St. Mary's Church

Sat., Mar. 21, Father/Daughter Dance, (SM Mass at 5 PM), Dance 6-8 PM.

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