

# THE TORCH



www.aquinas-catholic.com

### November 2020



2020-21 7 Theme

Dear Friends of Aquinas & St. Mary's,

Thanks be to God, we have completed our first quarter of Catholic school education, and even better, we did it *inside* the school! There has been a lot that has been asked of our teachers, staff and students during this COVID time, and while it has truly tested us, I could not be prouder of how well everyone has worked together. I am also very grateful for our parents, who have been good about screening for symptoms before coming to school and doing what they can to keep their kids safe and healthy when outside of the schoolhouse.

The growing consensus around the state is that even if a local risk-dial hits red, we will stay in the school buildings, and not go to remote learning. One of the main reasons is that inside-school transmission of COVID is very low, or non-existent. Being here in school is extremely important for the education of our children. Even though everyone did an amazing job when we did remote learning last 4<sup>th</sup> quarter, we saw a large dip in learning and retention. Remote learning can be very helpful in a short pinch, like for those on quarantine, but is severely lacking for the long-term, especially for students.

Election Day is upon us, and the lives of innocent children are at stake. As Catholics, we have a moral obligation to vote for the most pro-life candidates. As Catholics, our faith must come before any political party. As Catholics, we have a duty to vote, not for other so called "Catholics", but for those candidates that will defend and support the tenets of our Catholic faith. It doesn't matter if our parents or grandparents belonged to a certain party. We have to vote for the candidates that will do all they can to protect life.

It is time for us as Catholics to stand up and say enough is enough and vote for pro-life candidates so that we can end the legalization of abortion. Bishop Fulton J. Sheen once said: "A nation always gets the kind of politicians it deserves. If a time ever comes when the religious Jews, Protestants and Catholics ever have to suffer under a totalitarian state, which would deny to them the right to worship God according to the light of their conscience, it will be because for years they thought it made no difference what kind of people represented them in Congress, and because they abandoned the spiritual in the realm of the temporal."

It really does matter who we vote for. It matters to innocent babies that have not yet been conceived. It is up to every single voting age Catholic to pray and then act by voting for life on November 3rd.

Sincerely Yours in Christ,

Jr. Sem M. Timmerman

Fr. Sean M. Timmerman



### Aquinas/St. Mary's Snow Day Policy

The Aquinas/St. Mary's community is very large. Students travel from about 25 miles in all directions from school. Weather conditions can vary greatly from one side of our area to another. Please remember, the final decision to send your children to school, or anywhere else during inclement weather, is yours!

If possible, we will hold classes on every scheduled school day. If weather conditions warrant consideration, the administrations of Aquinas/St. Mary's, David City and East Butler Public Schools will confer and decide on what action will be taken. The administration will attempt to make this decision by 6:00 a.m.

If the decision is made to delay or cancel school, School Messenger calls will be made to our patrons and we will notify KLIR radio station: and channels 8 and 10/11 television stations.

In the event we decide to OPEN SCHOOL LATE, we would begin school at 10:00 a.m. Preschool will be held in the afternoon only!

The Holy Family Early Learning Center will always be open, barring anything unforeseen. Drop-ins are welcome, please call ahead 402-367-3062.

We will follow the same notification procedure if we find it necessary to dismiss students early without prior notice. If we have to close school during the day, you may want to have made arrangements in advance for your students to go somewhere or for someone to pick them up at school. For grade school children, these arrangements should be on file in the school office. Parents please discuss the arrangements with your children and send written notice to the school.

Students should dress warmly for the trip to and from school. Situations can develop, even on a clear winter day, which could cause a car or bus to be disabled. Should this occur, the clothing your children have on may be needed to keep them warm until assistance arrives.

### **Activity Practices & Events**

It is our policy that if the weather conditions are such that it warrants canceling school or dismissing early, then all practices will be canceled.

Elementary and middle school activities will not be held if school has been closed that day.

If school has been closed and a high school activity has been scheduled for that evening, we will not participate in that evening's activity unless one of the following situations exist:

- 1. The opposing teams or tournament personnel would not agree to postpone the event. (EVEN IF THIS OCCURRED WE WOULD NOT PARTICIPATE UNLESS THE WEATHER CONDITIONS HAD IMPROVED TO A POINT WHERE TRAVEL WAS SAFE.)
- 2. If snow/ice during the night caused the cancellation of school and the weather throughout the day made it possible for the snow/ice to be removed from school parking areas and roadways, we would try to hold the activity.



### Monarchs in the Middle

Aquinas Middle School

November 2020

### News from Middle School Science ~ Mrs. Shelly Mayo

The month has passed quickly for the Middle School Science Department. We gained two more Geckos as class pets (Violet and Little Shavers) that brings the total to four. You never know what you will find happening in the Middle School Science room.

Sixth graders have been learning about protists and fungi. We learned that protist come in three types, animal-like, plant-like and fungus-like. We acted out the different ways animal like protists move. (pseudopods, cilia, flagella, or a host) Then we learned Fungi can be decomposers, make our food, like blue cheese, fight diseases, cause diseases, like athlete's foot, and help other organisms. Soon we will be learning about plants and later about animals.

Seventh graders watched the CBS Sunday Morning article "Cause for Concern" to learn about climate change. Then they read the Science World Magazine article "Marching for the Planet" to see what we can do to help with Climate change. We will be learning about the world's population and how fast it is growing and what concerns that causes for us. All these environmental issues will have us hypothesizing new ideas to better our world.

Eighth graders started learning about the organ systems of the human body. The first systems were the skeletal and muscular systems where we learned the names of many bones and muscles. Then we learned the integumentary system which is parts of our skin. To experiment with these three systems, we dissected a raw chicken wing in which we were able to see the muscles, bones, ligaments, tendons, and blood vessels. We were even able to see the marrow inside the bones.

We finished off the first quarter by writing essays to share some of the topics that we learned during the quarter. It is hard to believe all the things we have learned and all the activities we have done. We will continue Life Science into the second quarter.





FAR LEFT: Little Shavers and Violet are our newest geckos.

LEFT: Avery Oltmer and Izzie Kadavy dissect a chicken wing during Grade 8 Science.

ANNOUNCEMENT:
DATE CHANGE FOR BACCALAUREATE:
Tuesday, May 11, 7:00 p.m at St. Mary's Church



### **Technology Grants Get More Devices to St. Mary's**

Technology is always on the agenda for advancement. We were blessed this year to receive 2 grants for increasing technology opportunities at St. Mary's. The first was from the MMP Grant for \$20,000 in new iPads (about 30). This grant was particularly targeted at improving writing, so these iPads will have keyboards included. These additional devices will allow us to keep several in each classroom to alleviate the constant battle for check-out times. Our teachers have important educational uses for these devices and just not enough of them to meet the demand. The second grant is part of the federal CARES funding which will allow for another 30 iPads. One final grant, GEER federal funding, that seems to be on track as well completes the number of iPads we need to have one available per student. We are grateful for this funding support and look forward to incorporating the new devices as soon as they arrive. Here is a short list of some of the ways teachers currently use the iPads in their classrooms:

- **Reading assessments**: students can take individual AR reading tests for ongoing reading comprehension assessment
- **Math and reading school-wide assessment**: students are using the iPads to take our new MAP tests, these can also include periodic progress monitoring of reading growth during the year
- **Fun, formative assessment**: your child may have talked about playing Kahoot, which is one way students can take quick assessments on their content. This can help the teacher adjust for their current level of understanding—and it is really fun!
- **Math review and practice**: students access IXL or XtraMath accounts during small group time to practice and build math skills
- **Educational games**: when students have earned privileges, some may get to play fun, educational games during free time
- **Group review and activities**: some use apps that require students to work in groups to solve problems or review content
- **OSMO activities in Kindergarten**: this is an app with accessories that creates fun, hands-on learning in phonics, math, coding and more during centers time
- Many more! As part of our accreditation work with Cognia (formerly AdvancEd), technology integration will continue to be an area of focus.

Sincere thanks to those who provided the funding, to the teachers who assisted in grant writing, and for all the teachers' amazing ideas to increase student engagement and assessment through technology. Our patron Saint of technology, St. Maximilian Kolbe, Pray for us!

Mrs. Zook



### Kindergarten News

The kindergartners learned all about pumpkins. They learned how pumpkins grow, investigated characteristics of pumpkins, and even got to pick out their very own pumpkins! Thank you to Steve and Julie Stara for sharing your pumpkins with us!

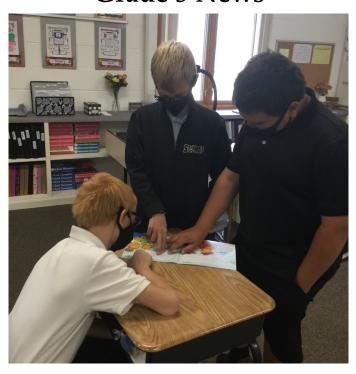
~ Mrs. Allison Fozzard and Miss Katie Healy

### **Grade 4 News**

The students in 4A have been busy with identifying the three types of rocks: igneous, sedimentary, and metamorphic. They have been learning how rocks can change from one rock to another. The students were able to observe some granite, marble, and sandstone.

~ Mr. Marc Beller and Mrs. Julie Smith

### **Grade 5 News**





Pictures books aren't just for the younger kids! Ms. Koranda's class enjoyed reading Berenstain Bear books to each other while finding all the pronouns in the book. They learned about pronouns in their English lesson. ~ Miss Tricia Koranda and Mrs. Pam Comte



### Thank you!

The St. Mary's School Book Sale was a big success, thanks to your generosity. The school will receive over \$1200, which is more than any past will be used by each teacher for class-

year! This will be used by each teacher for classroom books and for books for the school library.

### Parent/Staff Annual Asbestos Notification Letter

To: All Parents and Staff of Aquinas-St. Mary's Catholic Schools

From: Fr. Sean M. Timmerman, CAO Date: 26 October 2020

In Compliance with the US Environmental Protection Agency, (EPA), Asbestos Hazard Emergency Response Act (AHERA), we have performed school building inspections for asbestos- containing building materials and have developed an AHERA Asbestos Management Plan for St. Mary's. Aquinas Middle/High School is asbestos free. St. Mary's Elementary has some asbestos pipe in the basement that is fully contained.

This facility's findings and asbestos management plan is on file in the school administrative office, for public review. The EPA requires us to perform surveillances of the asbestos materials every six (6) months and to conduct re-inspections every three years.

No significant changes in the asbestos materials condition were noted during the (2017) surveillance of this school/facility. All asbestos materials at St. Mary's are in satisfactory condition and we shall continue to manage them in place, as recommended by the accredited management planner.

The results of the surveillance are on file in the management plan in the facility's administrative office. Everyone is welcome to view these anytime during normal school hours (Monday – Friday, 8-4). The asbestos program manager, Fr. Timmerman, is available to answer any questions about asbestos at the following phone number, 402-367-3175.

### From the Career Counseling Office

November, 2020



Seniors and their Parents: Watch your emails for information from the Career Counseling Office. There have been several emails sent out already this year.

### November To-Do List

Send all admissions applications
Plan a college visit
Attend a Financial Aid night or webinar
Job shadow and explore careers
Know your colleges Priority Deadline
Start to look for and fill out scholarships!
Register for a FSA ID and start the FAFSA

### Commonly Asked FAFSA Questions: What is the deadline?

It can be filed anytime between Oct. 1 and June 30; most colleges will have a specific deadline.

Can I make changes to the FAFSA after it is submitted? You can go to www.fafsa.ed.gov and click on "make corrections" and log in using your PIN.

What is FAFSA Verification?

Colleges are verify at least 33% of the incoming FAFSA.

### **Important Dates and Events:**

November 6: ACT Registration for Dec. Test December 12: ACT Test

### Testing Update...

The ASVAB tests are being scored and will be returned to the school in January. We will have a meeting in January as a Junior class to discuss these results. During this time we will discuss how each student's strengths and personality can help determine a career field. The results of the test will be sent home following the meeting. Information on the test can be found at: ASVAB Test Information.

**John Baylor Update** This month we are continuing with our John Baylor Prep Program. Students will continue to have 24/7 access to the material at www.johnbaylorprep.com I encourage them to log in to their accounts and watch videos and complete the practice problems.

### The Do's and Don'ts of Applying for Scholarships

Scholarships come in all shapes and sizes, but most of them have a similar application process. If you know some general guidelines for scholarship applications, it can make the process seem a lot less overwhelming. Here are some do's and don'ts that you should keep in mind while applying for scholarships.

DO Make the Deadline

The first thing you should do when you decide to apply for a specific scholarship is check the scholarship deadline. Now that you've found the date, make sure that you understand how to send your application, where to send it, and by what time (if applicable). Some scholarships list a postmark deadline, in which case the application needs to be mailed by the deadline. Other scholarships require that your application arrives by the deadline. Now make sure that you send ALL of your application materials according to the deadline instructions. If your application is late, it will often not be considered. Why would you put in all that work for nothing?

DON'T Procrastinate

It's no secret that scholarship applications take time and effort to complete. So it's very important that you not put off the application until the last minute. If you procrastinate, you are more likely to make mistakes in your application or not be able to get everything together in time. Even if you are able to get all of your application materials together correctly, the quality of your application will suffer. If possible, give yourself at least two weeks to complete an application, and make sure you give yourself plenty of time for essays and letters of recommendation to be written.

DO Follow the Directions

The directions on a scholarship application are not suggestions. These are the basic requirements that you need to fulfill in order to be considered for a scholarship. If you do something careless like emailing your application when you are supposed to mail it or not bothering to format your application correctly, you may not get a scholarship (no matter how amazing your essay is).

DON'T Submit an Incomplete Application

Scholarship committees request specific information because they need it to make sure you are eligible for the scholarship and to make an informed decision on who to select. If the scholarship committee does not receive all of that information from you, you will most likely not get a 'free pass' and get a scholarship anyway. The scholarship committee will likely look at your application, see it is incomplete, and move it to the disqualified pile. Some scholarship committees will contact you in an effort to complete your application, but NEVER assume that this will be the case. Part of being a college student (and an adult) is submitting everything correctly the first time. Why not practice that skill now with your scholarship applications?

DO be Neat

You can't win a scholarship if the review committee can't read your application. This doesn't mean that you can't fill out applications by hand (unless the directions say you have to type your application—see above), but this does mean that you should use your best handwriting and try to keep your application in good condition.

DON'T Forget to Proofread

ALWAYS have someone proofread your application before you send it in. This will help reduce any spelling or grammar errors or other mistakes that may be in your application before you send it. If you want to earn some money, you'll want your application to be as polished as possible!

# November 2020

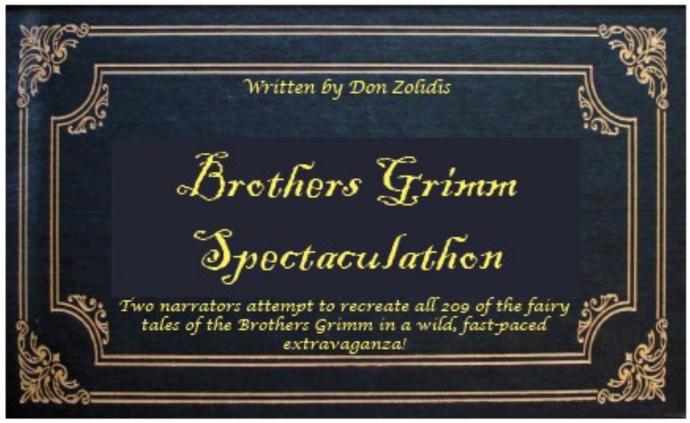
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 ALL SAINTS DAY Daylight Savings Time Ends	2 All Souls Day Mass	Е	4 Faculty Meeting 9:00AM Late Start	5 TBA State VB	6 SMS Baptism Mass and Adoration ACT Registration Due FB State Playoffs	7
8 St. Mary's Harvest Festival	9 4:30PM MS GBB @ Schuyler	10	11 Veterans Day 6:30PM Board of Advisors Meeting	12	13 FB State Playoffs	SMS Mother-Son Bowling 7:00PM Fall Play
15 2:00PM Fall Play Alumni Phone-a-thon	16 6:30PM MS GBB @ Scotus 6:30PM MS WR @ Centennial Quad Alumni Phone-a-thon	17	18 Penance Service 6:30PM SMS Council Meeting 6:30PM Aquinas Council Meeting	19 7:00PM Butler County One-Acts @ Aquinas	20 SMS Spirit Day	9:00AM MS WR @ Howells-Dodge Invite
22	23 TBA Conf. One-Acts	24 TBA FB State Championship	25 THANKSGIVING VACATION NO SCHOOL	26 THANKSGIVING VACATION NO SCHOOL	27 THANKSGIVING VACATION NO SCHOOL	28
29 1st Sunday of Advent	30 6:00PM MS BB @ Clarkson Leigh					Denotes change in the Schedule

# www.aquinas-catholic.com/calendar

# Aquinas Drama Department Tresents:

Saturday, November 14, 7pm - Sunday, November 15, 2pm







### **Winter/Spring Aquinas Activities Work List**

Saturday, November 14, 2020	Drama	Fall Play	6:00	Miller Jessica & Jason
Sunday, November 15, 2020	Drama	Fall Play	1:00	Eickmeier Karla & Greg
Friday, October 30, 2020		State Playoffs		Petree Cindy
Friday, October 30, 2020		State Playoffs	TBA	Plasek Tara & James
Friday, October 30, 2020		State Playoffs	TBA	Pohl Kristy & Matt
Friday, October 30, 2020		State Playoffs	TBA	Polacek Jenny & Mark
Friday, October 30, 2020		State Playoffs	TBA	Pytlik Patty & Paul
Friday, November 6, 2020	FB	State Playoffs	TBA	
Friday, November 6, 2020	FB	State Playoffs	TBA	
Friday, November 6, 2020	FB	State Playoffs	TBA	
Friday, November 6, 2020	FB	State Playoffs	TBA	
Friday, November 6, 2020	FB	State Playoffs	TBA	
Tuesday, December 1, 2020	GBB	Utica Centennial 7-8	3:45	Lyons Lisa & Galen
Thursday, December 3, 2020	GBB	Columbus Lakeview 7-8	3:45	Lowe Jennifer & Andrew
Friday, December 4, 2020	G/B BB	Raymond Central	3:45	Podolak Christina & Matt
Friday, December 4, 2020	G/B BB	Raymond Central	6:00	Kastl Misty & Tyler
Saturday, December 5, 2020	G/B BB	Shelby-Rising City	12:30	Banholzer Jeff & Cecilia
Saturday, December 5, 2020	G/B BB	Shelby-Rising City	2:30	Gregory Andrea
Monday, December 14, 2020	GBB	Twin River 7-8	3:45	Daro Jessica
Saturday, December 19, 2020	G/B BB	Lincoln Lutheran	12:30	Suehl Jennifer
Saturday, December 19, 2020	G/B BB	Lincoln Lutheran	2:30	Drozda Joe
Saturday, January 2, 2021	G/B BB	GACC (West Point)	12:30	Fuller Tamyra & Chad
Saturday, January 2, 2021	G/B BB	GACC (West Point)	2:30	Karpisek Russ & Leslie
Tuesday, January 5, 2021	G/B BB	Clarkson-Leigh	3:45	Humlicek Joe
Tuesday, January 5, 2021	G/B BB	Clarkson-Leigh	6:00	Kadavy Kasey & Christina
Friday, January 8, 2021	WR	Little Kids Wrestling	5:00	Marushak Mike & Erin
Friday, January 8, 2021	WR	Little Kids Wrestling	7:00	Mesyenburg Dennis & Laura
Saturday, January 9, 2021	WR	Aquinas Invite	9:00	Masilko Katie
Saturday, January 9, 2021	WR	Aquinas Invite	11:00	Mefford Jason & Jill
Saturday, January 9, 2021	WR	Aquinas Invite	1:00	Ondracek Chana
Tuesday, January 12, 2021	G/B BB	Twin River	3:45	Rerucha Adam & Angie
Tuesday, January 12, 2021	G/B BB	Twin River	6:00	Roh Pat & Beth
Friday, January 15, 2021	G/B BB	GICC	3:45	Schmid Jim & Merrily
Friday, January 15, 2021	G/B BB	GICC	6:00	Romshek Tony & Danielle
Monday, January 18, 2021	BBB	Twin River 7-8	3:45	Romshek Becky & Jason
Thursday, January 21, 2021	BBB	Shelby-Rising City 7-8	3:45	Schneider Rick & Melissa
Thursday, January 21, 2021	WR	Scotus Dual	6:30	Schmitt Bill & Amy
Friday, January 22, 2021	G/B BB	Hasting St. Cecilia	3:45	Slama Kevin & Amy
Friday, January 22, 2021	G/B BB	Hasting St. Cecilia	6:00	Schmid Jeff & Bobbi
Saturday, January 23, 2021	WR	Conference (Aquinas)	9:00	Reiter Steve & Julie
Saturday, January 23, 2021	WR	Conference (Aquinas)	11:00	Schmid Timothy & Jessica
Saturday, January 23, 2021	WR	Conference (Aquinas)	1:00	Sellers Chad & Denise

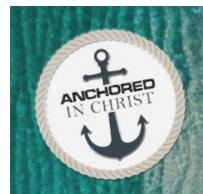
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### Winter/Spring Aquinas Activities Work List, Continued

	•			
Monday, January 25, 2021	G/B BB	Conference Tournament	ТВА	Stouffer Shane & Justine
Tuesday, January 26, 2021	G/B BB	Conference Tournament	ТВА	Stutzman Jeremy & Amanda
Thursday, January 28, 2021	BBB	Milford 7-8	4:45	Scott Nathan & Pam
Monday, February 1, 2021	BBB	Wahoo Reserve	6:00	Sisco Joe & Anita
Saturday, February 6, 2021	BBB	Columbus Scotus 7-8	8:00	Smith Brad & Michele
Saturday, February 6, 2021	G/B BB	Lincoln Christian	12:30	Smaus John & Laurie
Saturday, February 6, 2021	G/B BB	Lincoln Christian	2:30	Steager Dannie & Sheri
Tuesday, February 16, 2021	BBB	Seward St. John's 7-8	3:45	Stara Kelli & Dean
Friday, February 19, 2021	BBB	Columbus Scotus	4:00	Svoboda Ryan & Heidi
Friday, March 26, 2021	Drama	Musical	6:00	Storm Jared & Coleen
Saturday, March 27, 2021	Drama	Musical	6:00	Thege Darcy & Chad
Sunday, March 28, 2021	Drama	Musical	1:00	Truksa Jessie & Vicki
Monday, April 5, 2021	TR	Aquinas Invite Varsity	1:00	Vandenberg David & Angie
Monday, April 5, 2021	TR	Aquinas Invite Varsity	3:00	Vrbka Doug & Nancy
Monday, April 5, 2021	TR	Aquinas Invite Varsity	5:00	Vandenberg Cory & Andra
Monday, May 3, 2021	TR	Aquinas Quad 7-8	3:00	Wessling Brian & Lori
Monday, May 3, 2021	TR	Aquinas Quad 7-8	5:00	Uhrmacher Ron & Deanne
Monday, May 3, 2021	TR	Aquinas Quad 7-8	7:00	Woolsey Chris & Michelle
Thursday, May 13, 2021	TR	Districts	10:00	Wachl Julie
Thursday, May 13, 2021	TR	Districts	12:00	Wacker Sean & Joelle
Thursday, May 13, 2021	TR	Districts	2:00	White Mike & Jenny
Thursday, May 13, 2021	TR	Districts	4:00	Wisnieski Jeff & Rachel
Thursday, May 13, 2021	TR	Districts	6:00	Yindrick Bill & Melissa







The yearbook staff at Aquinas Catholic Schools would like to thank the following advertisers in the 2019-20 yearbook "Anchored in Christ."

### YOUR SUPPORT OF OUR PUBLICATION IS APPRECIATED.

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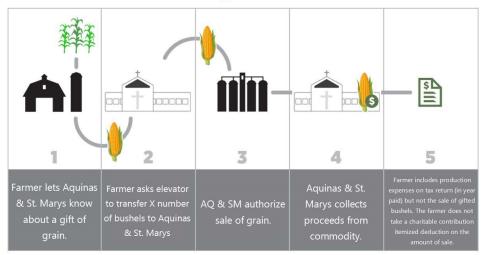
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WOOLSEY ELECTRIC



### Consider Gifting Grain this Harvest



If you have any questions, please contact Deb at 367-3175

### **Planned Giving Options**

**Scrip**. Would you consider using Scrip in making your holiday purchases or in giving gifts? Employers, would you consider giving your workers Scrip gift cards? Participating retail vendors give Aquinas-St. Mary's a percentage of all sales purchased through Scrip.

**Memorial donation**. Make a charitable contribution to Aquinas in memory of a loved one. More and more Catholic families are making substantial gifts or designated gifts to parish endowment funds and/or other areas in *memory* of parents and other relatives. Consider starting your own family endowment for Aquinas using the Catholic Foundation of Southern Nebraska, a free resource for our schools. Or contact Deb Svec at 402-367-3175.

**Planned giving**. Bequests to your parish or the schools, gifts of real estate and life insurance, stocks, bonds and certificates of deposit can help perpetuate your faith commitment even after death. Please remember the ongoing and long range needs which exist here at Aquinas. Contact Deb Svec at 402-367-3175 about becoming a member of our Heritage Club.

**Life Insurance**. Don't cancel life insurance you no longer need! Name Aquinas as the owner and beneficiary which can provide future financial support and possibly qualify for tax free benefits as well. Or instruct your life insurance agent to include Aquinas Catholic Schools as a primary or secondary beneficiary on your policies.

**Will**. Have you included Aquinas-St. Mary's in your will? Making a will isn't expensive! But not having one may cost your family a great deal. Be a good steward of your resources by using wisely the Lord's gifts given to you. Make a will or revise the one you have if you haven't done so in the last five years. Including Aquinas as an extra child in your will is an easy choice to create a will that can benefit the family and our Catholic schools.

**Residual of your will**. Name Aquinas last. In your will after all your family members have been taken care of, name Aquinas as recipients of the residuary (the amount that is left).

**IRA**. Do you have an IRA? Along with your children, include Aquinas-St. Mary's as an additional beneficiary. Contact your IRA trustee and ask for change of beneficiary forms to include our parish.

The above mentioned ideas are for your consideration. Consult your attorney in conjunction with your accountant/tax preparer in preparing a proper will and making contributions to the Church.

Fr. Sean M. Timmerman





# St. Mary's Grade School November 2020

USDA is an Equal Opportunity Provider

Mon	Tue	Wed	Thu	Fri
2 Chicken Strips Baked Potato 1/2 Green Beans Mixed Fruit	3 Hamburger on Bun Curly Fries Peach Dump	4 Chicken Bacon & Ranch Wrap Sun Chips Lettuce Salad	5 Chili Cinnamon Roll Warm Cinnamon Apples	6 Pancakes Syrup Cheese Omelet Celery Sticks
9 Sloppy Joe on Bun Baked Beans Cheesy Tots Pineapple	10 Flying Saucer (Bologna, Mashed Potatoes & Cheese) Carrots Peaches Alternate: Breaded Chicken	11 Sausage, Egg & Cheese Biscuit Tri Tater Bananas	12 Creamed Chicken Mashed Potatoes Corn Dinner Roll Rosy Pears	13 Cheese Quesadilla Rice Refried Beans Tropical Fruit
16 Frito Pie Corn Emerald Pears	17 Teriyaki Chicken White Rice Snap Peas Applesauce	18 Hot Dog on Bun Baked Beans Tater Tots Mandarin Oranges	19 Herb Roasted Turkey Mashed Potatoes & Gravy Stuffing Corn	20 Cheese Pizza Green Beans Peaches
23 Cheesy Potato & Bacon Soup Ham Sandwich Peas Apple Crisp Crackers	24 House-Made Runzas Crinkle Fries Baby Carrots Strawberries	25 No School	26  No School  Happy Thanksgiving	27 No School
30 Beef Stew Tea Roll Apple Salad			Milk & water offered Daily Fruit/Veggie/ Salad Bar	Menu is Subject to Change and will be posted for students



# November 2020

## **Aquinas Catholic Schools**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 ALL SAINTS DAY Daylight Savings Time Ends	Chili Relishes Cinnamon Rolls Fruit	3 Scalloped Potatoes & Ham Green Beans Tea Roll Fruit	4 9:00AM Late Start Deli Sandwich Mixed Veg Fruit	5 Chicken Alfredo Broccoli Garlic Bread Fruit	6 Mac & Cheese Peas Fruit	7
8	9 French Toast Sticks Sausage Patty Hash Browns Fruit	10 Meatball Subs Sun Chips Broccoli Fruit	11 Chicken Bacon Ranch Wrap Garnishes Corn Fruit	Porkettes Mashed Potatoes & Gravy Green Beans Bread & Fruit	Cheese Quesadilla Spanish Rice Refried Beans Fruit	14
15	Chicken Noodle Soup Ham or Chicken Salad Sandwiches	Pulled Pork Sandwich Baked Beans Coleslaw Fruit	Corn Dogs French Fries Green Beans Fruit	Thanksgiving Meal Turkey, Stuffing, Mashed Potatoes, Gravy, Jello Salad, Corn, Dessert, Tea Roll	20 Fish Sandwich JoJo's Peas Fruit	21
22	23 Burritos Spanish Rice Refried Beans Fruit	24 Hot Dog or Polish Dog Chips Fruit A Sweet Surprise!	25 THANKSGIVING VACATION NO SCHOOL	26 THANKSGIVING VACATION NO SCHOOL	27 THANKSGIVING VACATION NO SCHOOL	28
29 1st Sunday of Advent	30 Hamburger or Vegetable Soup Hot Beef Sandwich					Veg/fruit bar & milk offered everyday Menus are subject to change

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"The rest of the seeds fell on good ground where they grew and produced a hundred times as many seeds."

Luke 8:8

### ST. MARY'S ELEMENTARY

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