

October 2020

Aquinas Catholic Schools

	Mon	Tue	Wed	Thu	Fri	Sat
Veg/fruit bar & milk offered every day.				1 Pizza Side Salad Tri Tator Fruit Rice Krispie Treat	2 Shrimp Poppers Mac & Cheese Peas Fruit	3
4	5 Meatball Subs Sun Chips Green Beans Fruit	6 Chicken Alfredo Broccoli Garlic Bread Sticks Fruit	7 9:00 Start Ham & Cheese Sandwich French Fries Peas Fruit	8 Popcorn Chicken Bowl Corn Bread Fruit	9 Grilled Cheese Tomato Soup Relishes Fruit	10
11	12 No School Teachers Conference	13 Breaded Chicken Patty on Bun Tater Tots Broccoli Fruit	14 Tacos Garnishes Corn Cookie Fruit	15 Chicken Fried Steak Potatoes & Gravy Green Beans Fruit Bread	16 Tuna & Noodles Peas Fruit Tea Roll	17
18	19 No School	20 Chicken Strips Baked Potato Green Beans Fruit Cake with Strawberries	21 Chili Relishes Cinnamon Rolls Fruit	22 1:00 Dismissal Deli Sandwich Nachos Broccoli Fruit	23 No School	24
25	26 Crispitos Spanish Rice Refried Beans Fruit	27 Ham Patty on Bun Potato JoJos Green Beans Fruit	28 Chicken & Rice Broccoli Jello Fruit Tea Roll	29 Biscuits & Gravy Egg Patty Fruit Yogurt	30 Cheese Pizza Tri-Tators Side Salad Fruit Brownies	31 Halloween

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