AQUINAS & ST. MARY'S CATHOLIC SCHOOLS

# THE TORCH



www.aquinas-catholic.com

# December 2020

UNITY

Theme

Dear Friends of Aquinas & St. Mary's,

Happy Thanksgiving and a Blessed Advent Season to all of you! I would like to give you a brief overview of our current school finances, and what we are looking at for the future. Back in April, we applied for and received the PPP small business loan to help us with salaries and insurance costs. That was a huge help to us, because churches were closed, and it was unclear what that would do for parish assessments to the school. Most parishes have rebounded well since the shutdown on Mass in our diocese, although St. Mary's parish, our largest contributor, is still three months behind in their financial support of the schools. I know that they are working on a plan to address this and their support for the future.

In the last few weeks, we were notified that our PPP loan had been forgiven. We are grateful! This certainly helps us with cash flow for the time being, but other expenses like health insurance premiums (with teachers and staff also contributing more of their own money) keep increasing. Those new rates begin this coming January 1. We have been blessed with a little bit of a cushion now to get through these difficult times with COVID. I am praying that we do not undergo another economic shutdown in our state and country, because of the impact it will have on our families, churches, and Catholic schools.

The goal of our Finance Committee is to help our schools towards a path of balanced revenue streams. Currently, our school incomes come from Parish Assessments (57.1%), Tuition (24.5%), and Endowment & Fundraising (18.3%). Having each of those items balance out better cannot be done overnight. We have not raised parish assessment amounts for five years because many of the parishes already send 90-100% of their own parish income to Aquinas-St. Mary's. We also cannot have a huge increase to tuition, because the amount available from our scholarship programs would not be able to keep up. Finally, it would also be very hard to increase the annual disbursements of our endowment (now called the "Aquinas Catholic Schools Foundation") unless the total value of the fund would grow very quickly from the current \$6 million to over \$10 million.

The next school year will therefore most likely see a tuition increase. Those amounts will be coming out soon. The good news is that we have the Good Shepherd Scholarship from the Lincoln Diocese, as well as our own Aquinas -St. Mary's Guardian Angel Scholarship to assist families in need. For the 2021-2022 school year, the Good Shepherd Scholarship (for those families at 225% or less of the poverty level) will provide a \$1,900 scholarship per high school student, and \$1,600 scholarship per Middle School and Elementary student towards their tuition. Please remember that <u>families only pay for their first THREE students</u>; everyone after that is FREE, regardless of your financial situation. The Good Shepherd program pays us \$1,600 per each of those last students, and our Guardian Angel program pays for the remainder.

Lastly, please remember that <u>no family will pay more than 7%</u> of their Adjusted Gross Income (AGI) for tuition. Even if you receive Good Shepherd Scholarships, and the amount you still owe is more than 7% of your AGI, then our Guardian Angel Program will cover the difference. I cannot say for certain that the 7% amount will be permanent, but it will be 7% for the 2021-2022 school year.

Thank you for reading. I think that is enough for now. Please let me know if you have any questions about our school finances. If I don't know the answer, I know where to go for help.

God bless you, Fr. Timmerman



## Dear Friends of Aquinas,

I hope this letter finds you all well. Here at school, we are dealing with the covid situation as best we can. We just need to be resigned to the fact that, for the time being, we will probably deal with a few positive cases and a larger number of quarantines. The teachers and students are adjusting accordingly. It is not the same as being here in person for the quarantined, but PowerSchoolLearning is becoming much more manageable for all. Practice and patience will help the days of quarantine move by much smoother.

Religious formation is the most difficult gift to share with the students on quarantine. I appeal to you, the parents, to help continue the all important element of a Catholic Education while the students are home.

## Calendar Changes

**School will begin at 8:00 a.m. on Wednesday, December 2.** We will not have a late start. One-Act students will be leaving for the district one-acts early, and we have activity pictures at 2:00 in the afternoon. We want to try to keep the rest of the day as normal as possible.

The last day of school before Christmas Vacation is December 18. The change is to reward the teachers, students and staff who have been working very hard under less than ideal conditions. We are delivering the instruction, but it is quite challenging to teach at school and at home. To all teachers, students and staff, thank you.

The schools will still have their Advent concerts and programs. Programs will be recorded during the school day and broadcasted out to friends and family at a date to be determined.

Semester exams for high school students will be held from December 14 - 18. The exams will be taken during normal class periods. Some exams may take more than one period. Teachers are signing up for testing slots on a calendar so we can try to avoid too many exams in one day. The classes will continue throughout the week. When not reviewing or testing, teachers will continue with their next chapter or unit. Teachers will not give any other tests or quizzes that week, and homework should be minimized so students can study for their finals. It is our intent that finals are to reinforce the information that the students have learned during the first semester. We want to catch them being right, not being wrong. Please encourage the students to study at home and do their best on the finals.

# Transportation

You may be seeing a different bus driver on your student's afternoon bus route for a while. Mr. Pelan suffered an injury and will be unable to drive the bus for some time. We wish him a speedy recovery. Until he returns, Mark Stara will be driving the Shelby Route in the afternoon, Tom Kosch will be driving the Bellwood Route, and Bill Kozisek will be driving the Abie Route.

I hope that you all have a Blessed Christmas and a safe and happy New Year.

Sincerely,

David G. McMahon, Principal



# Aquinas High School Honor Roll Quarter 1, 2020-2021

**Freshman Honor Rol**l: Rebecca Andel, Josiah Brezina, Gianna Frasher, Tate Hain, Ryan Hein, Jakob Kavan, Jacob Moravec, Emma Prochaska, Bianca Romshek, Caroline Slama, Clayton Zavodny

Freshman Honorable Mention: Dylan Andel, Timothy Duke, Wesley Miller, Jackson Timoney

**Sophomore Honor Roll:** Aletha Breiner, Meghan Burwell, Lacie Hartman, Brooke Hoelscher, Allisen Jelinek, Zander Kavan, Natalie Kovar, Krae Lavicky, Joshua Palik, Veronica Reimers, Luke Sellers, Jocelyn Stara, Margaret Svec, Antonia Wachal, Rachel Wacker, Claire Wisnieski, Mara Yindrick

Sophomore Honorable Mention: Colin Hough, Jaylin Jakub, Mackenzie Kobza, Adam Oltmer

Junior Honor Roll: Michael Andel, Trista Birkel, Meredith Dalton, Marcus Eickmeier, Xavier Fiala, Curtis Humlicek, Shae Junck, Benjamin Lyons, Ella Moravec, Aubrey Novacek, Jaxon Ondracek, Olivia Perske, John Prochaska, Hunter Reisdorff, Grace Reiter, Ethan Schmid, Gabriel Schmid, Caleb Thege, Rowdy Truksa, Matthew Vrbka, Gracyn Wollmer, Hailey Woolsey, Hannah Woolsey

Junior Honorable Mention: Jayden Bollig, Bradly Daro, Jeremy Drozda, Gretchen Kozisek, Christopher Nickolite, Natalie Petree, Gavin Romshek, Hunter Vandenberg

Senior Honor Roll: Kolby Baer, Russell Brezina, Brian Cech, Rylan Chromy, John Dalton, Payton Davis, Jonathan Duke, Nolan Eller, Bethany Emswiler, Alli Hartman, Madisen Jelinek, Brett Kobza, Keegan Lavicky, Jonathan Luna, Kaylee Miller, Kyle Napier, Julia Nemec, Ruth Plasek, Andrew Schmid, Emma Sellers, Benjamin Shonka, Peter Sisco, Jaelyn Stara, Joshua Uhrmacher, Jacob Witter, Caitlyn Yindrick, Jude Yindrick, Zachary Zitek, Addison Zook

Senior Honorable Mention: Nathan Albracht, Emily Eller, Natalie Eller, William Eller, Tylen Jakub, Terrence Wachal

# Aquinas Middle School Honor Roll, Quarter 1

6<sup>th</sup> Grade Honor Roll: Sarah Coufal, Dayne Jakub, Mary-Kate Moravec, Anna Schmid, Jordyn Vandenberg

6<sup>th</sup> Academic Achievement: Riley Campbell, Madelyn Hein, Nevaeh Hilderbrand, Mason Krivanek, Annastasia Meysenburg, William Podolak, Taylor Smith, Skyler Vandenberg, Jacob Wacker

7<sup>th</sup> Grade Honor Roll: Lilly Collins, Nathaniel Hain, Grace Masek, Lydia Meysenburg, Violet Schmid, Madison Vandenberg, Rebecca Wacker, Ainsley Wollmer, Augustine Yindrick

7<sup>th</sup> Grade Academic Achievement: Oliver Antholz, Evan Hoelscher, Lauren Meister, Colby Miller, Marissa Miratsky, Becca Podolak, Kaitlyn Schneider, Sydni Svoboda, Drew Wachal, Isaac Zimmerman

8<sup>th</sup> Grade Honor Roll: Isaiah Coufal, Flora Dalton, Caleb DeWispelare, Garett Novacek, Avery Oltmer, Kaleb Palik, Elizabeth Roh, Traeton Vandenberg

**8**<sup>th</sup> **Grade Academic Achievement:** Kurtis Baer, Katie Burwell, Keltie Hein, Calle Hilderbrand, Jacksen Jelinek, Marcus Krivanek, Alexandra Prochaska, Molly Ruiz, Matthew Storm, Bryant Stouffer, Brooklyn Stutzman, Reese Woolsey



# Put a "Spark" in Advent This Year

Having trouble coming up with interesting ideas for Advent this year? We can help out. Here are some fun ideas from my family and others gathered from this year's Spiritual Coordinator. This is a good time for students to practice Gratitude (our SEL virtue) as well as patience as they learn to wait for the joys of Christmas—counting down the days until our Lord chose, through Mary's humble "yes", to walk amongst the craziness of this world with us. The SEL/Virtue "homework" page is in your email and came home on print.

<u>Hat and Mitten Tree</u> to collect winter items as well as the <u>paper and food drives</u> to donate to the Gianna House by **Dec. 18**. We are requesting the following for donation:

paper products (toilet paper, paper towels, paper plates, napkins, etc.) for students in preschool through 2<sup>nd</sup> grade

nonperishable food items for students in 3<sup>rd</sup>-5<sup>th</sup> grade

Advent Program: To celebrate this special time in our Christian faith, the Advent Program will be released virtually on Dec. 21 when we would have had the program in person. \*\*Teachers will send a note with your child's recording date. They may wear their program outfit to school that day. We are anticipating Dec. 9-11.\*\* Please plan to share the link with family and friends near and far!.

Sunday, November 29<sup>th</sup> is the First Sunday of Advent. Advent is a time of prayer, fasting, and almsgiving to prepare our hearts and homes for the coming of Christ at Christmas. There are many different activities that can help in this process. A few are listed below.

<u>Advent Wreath</u> – The Catholic All Year Compendium describes how the Advent wreath is a beautiful way to talk about religious symbolism with kids. The circle of the wreath has no beginning or end, just like God's eternal nature. The evergreen branches signify everlasting life. Pine cones represent new life and resurrection. The four candles remind us of the four weeks of Advent but also the four thousand years from the creation of Adam and Eve to the birth of Jesus. The flames symbolize the light of Christ. Traditional Advent wreath prayers can be found online. Each night light the appropriate candles and say the prayers. The traditional prayers don't have to be done. An Our Father, Hail Mary, and Glory be are also good. The Mass readings for that day are also an option.

<u>Candles</u> - Make your house dark when you light your Advent wreath and pray (or at dinner). They provide more light each week as we get closer to Christmas!

<u>Sacrifice Manger</u> – Build a manger out of craft sticks or wrap a box in brown paper. In another container have pieces of brown and/or yellow yarn to represent the straw. Every time one of the kids makes a sacrifice or does a good work, they can put a piece of straw in the manger. The idea is to have a nice comfy bed prepared for Jesus by Christmas. On Christmas lay Baby Jesus in the manger. This can be a child's doll wrapped or a fancier Baby Jesus.

<u>Jesse Tree</u> – This activity traces salvation history from Creation through the Nativity using Bible (*Continued on next page*)



## (Continued from previous page)

readings and ornaments. The ornaments represent important moments in salvation history. Typically, one event/ornament is discussed each day. A search for "Jesse Tree" on the internet will bring up many options. If you sign up for Holy Heroes Advent Adventures (it is free) they include a great Jesse Tree series. There are ornaments that can be printed, cut out and colored. A video explains each ornament. Kendra Tierney's "O Come, Emmanuel: Advent Reflections on the Jesse Tree for Families" is another option. It can be found at stpaulcenter.com.

<u>Saint Feast Days</u> this month - St. Nicholas (12/6), Immaculate Conception of Mary (12/8), St. Juan Diego (12/9), Our Lady of Guadalupe (12/12), St. Lucy (12/13), First nativity (St. Francis at Greccio, Italy, 12/24), St. Stephen (12/26), Holy Innocents (12/28), Mary Mother of God (1/1)

Try printing a coloring page for the Saint and let them color while you read their story. Stories and color pages are easy to find in an internet search. My favorite site is <u>Franciscanmedia.org</u>, Saint of the Day calendar.

<u>During the Christmas Season</u>: Share some "12 Days of Christmas" activities with your kids. Something each day from Christmas until the Wise Men arrived in Bethlehem on Epiphany (Jan. 6). Some years I put 12 small items in their stockings and they get one per day.

I hope that the upcoming season of Advent brings many spiritual blessings to all St. Mary's families. I recommend TRYING ONE. These can all become overwhelming—on several years we have gone underwater 3 days into a Jesse Tree. That's OK, just start again. Don't stress, anything is better than nothing and all will help you and your family grow in faith.

Have a blessed Advent and a Merry Christmas!

Mrs. Zook

# Preschool / Pre-Kindegarten News



One of the STEM activities this month was to make a hideout for our pet turkey. The turkey had to fit inside so that he would be safe from hunters!

~ Mrs. Rachel Wisnieski

We were so excited to do the Turkey Trot. We even made cool turkey hats to wear!





# **Grade 2 News**

The second graders have been awesome welcoming me (Mrs. Eller) back from maternity leave! It is hard leaving little Calvin, but coming here to see all the smiling faces ready to learn makes it all worth it! We are diving deep into our Reconciliation preparation! We have started reviewing the Ten Commandments, and looking at how each one relates to them. Father Buhman and I still plan to have our parent sacrament meeting next Monday, November 30 at St. Mary's School. If you are unable, or would prefer not to come in person, we will have a zoom link so you can connect with us from your home! First Reconciliation is scheduled for January 26.

> ~ Mrs Carly Eller and Mr. Trevor Weiss

# **Kindergarten News**

The Kindergarteners made Shape Monsters to practice all of their shapes! They were able to design them and cut out all of the shapes on their own. They had so much fun making them and even gave them names!

> ~ Mrs. Allison Fozzard and Miss Katie Healy



# **Grade 1 News**

We are blessed to have Father Homes visit us each week. He visits both first grade classrooms. He teaches the students about Saints and makes connections about what we are learning about in religion class.

~ Mrs. Kelly Trvdy and Mrs. Sandy Vavrina

# **Grade 3 News**

We are really prepared for Thanksgiving in third grade. We have made big fluffy turkeys. Some of us have prepared headbands (among other things) to wear for the upcoming Turkey Trot. Most importantly, we are thinking about all of the things we are grateful for. We wrote these things on our Gratitude Pumpkin. This tied in with our SEL program, this quarter, which focuses on Gratitude. We are learning that when we think about what we are grateful for, it can definitely help us feel less overwhelmed and look at things with a whole new perspective. Happy Thanksgiving!

~ Mrs. Tina Janak and Mrs. LaDonna Naiberk







# **Responsible Fourth Graders**

Students get many new responsibilities when they reach fourth grade. At Mass, we get to proclaim the Readings and Responsorial Psalm. The boys were excited to begin serving at the altar. Fourth grade also gets the privilege of putting up and taking down the flag in front of the school each day, learning how to fold it properly and to treat it with respect.

In class, fourth graders completed a poetry unit. We determined the rhyming pattern of poems and wrote our own couplets, quatrains, cinquains, self-portraits, limericks, and shape poems.

~ Mr. Marc Beller and Mrs. Julie Smith

# Grade 5 News

The fifth graders enjoyed their final All Saints Day dress-up at St. Mary's School!

~ Mrs. Pam Comte and

Miss Tricia Koranda









Seniors and their Parents: Watch your emails for information from the Career Counseling Office. There have been several emails sent out already this year.

## December To-Do List

- Admission Applications should be in!
- Start filling out local scholarships
- Log on and create a <u>FAFSA ID</u>
- Ask admissions rep about scholarships at the college
- Make an appointment with EducationQuest to assist you in filing the FAFSA

## Finanacial Aid Season

This month the seniors have been busy finishing up their admission paperwork. They have also began looking into different scholarship programs.

In December, Seniors will have a "Buffett Buffet" to introduce them to the Susan Thompson Buffet Scholarship. This is a large scholarship based on financial need for a student attending a Nebraska college. Students who have an Expected Family Contribution below \$10,000 are especially encouraged to apply. (EducationQuest Foundation has a calculator to help determine this.) I strongly encourage you to look into this application.

This month seniors will create a profile with EducationQuest's Scholarship Database: ScholarshipQuest. This database finds scholarships that meet the criteria they specify. It mainly focuses on Nebraska scholarships and will help them narrow in on scholarships and make the searching more manageable.

# John Baylor Update

This month we are finishing up with our John Baylor Prep Program with the seniors! The juniors began in November, and the sophomores will begin soon. Students will continue to have 24/7 access to the material at <a href="https://www.johnbaylorontocollege.com">www.johnbaylorontocollege.com</a> I encourage them to log in to their accounts and watch videos and complete the practice problems. There are amazing 30 second video clips that cover all content.

# Junior Meeting ...

This month I will have two meetings with the Junior Class We will talk about the College Planning Time-line for the Junior and Senior year. We will also begin to work on our resumes, research careers search for colleges. They were also given information on Dual Credit Classes offered here at Aquinas.

I encourage you as parents to have a conversation with your child about college and career planning. Studies show that parents have more influence on College Planning than teachers, counselors, siblings and even peers. We will meet during the second semester to work on this information.

# **Notes from the Aquinas Library**

Thank you to Walmart #885 in Seward for awarding the Aquinas Library a \$500 Walmart Community Grant for Makerspace supplies. Library makerspace provides hands-on educational exploration and opportunities for imagination, creativity, innovation and collaboration among students.

We've offered supplies for designing mask clips, to keep masks handy and craft supplies for making Thanksgiving cards that will be delivered to the local nursing home residents. Thank you to the students and



# Magazine checkout!!

Students can check out magazines overnight. Encourage your students to read current events.

staff for participating in this project!!!

# Campus Ministry



**Devin Jones, speaker:** From throwing rocks at the Catholic Church as a Baptist boy growing up in Chicago to a passionate Catholic, Devon Jones spoke to middle school and high school students at Aquinas and spent the entire day on Sept. 12 with students in religion classes answering questions. Devin's story includes being a Seminarian, a Catholic School teacher, who had a 6th grade student shot and killed and quit his teaching job to adopt two homeless boys, and is a veteran of the Navy. His visit left an impression on Aquinas students. Some classes were asked to write their thoughts after meeting Devin and here are some of their quotes: "What I am grateful for now is that I have faith and when things are getting hard, don't give up, and ask God for a sign that everything will be ok and trust in Him." "I am very grateful for where I live, and I love that I was born in Nebraska." "I have taken a lot for granted, including my school and priests. He talked about how he did not have the access to priests and the sacraments and that is just crazy to me. The fact that some people can't walk into church or go to confession, when they need seems so unfair." "Devin's talk has really inspired me to become stronger in my faith." "Now knowing how some kids are living in poverty and not expecting a future in college, it makes me realize how lucky I am to have a good family and a place to live.

# Other great things happening at Aquinas each week:

- Spiritual Direction for students, 9th to 12th grade.
- In October, we started spiritual direction for all teachers at Aquinas, St. Mary's and Holy Family Day Care!
- Head to Heart" Chapel time on Priests' day off during religion classes grades 6 −12!

# December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
RED denotes change in the Schedule		1 4:30PM MS GBB vs Utica Centennial	2 Activity Pictures District C1-1 One Acts at Centennial HS	3 4:30PM MS GBB vs Lakeview 6:30PM WR @ Boone Central	SMS Baptism Mass and Adoration 4:30P M B/GBB vs Raymond Central Postponed to 2/2/2021	8:30AM MS WR © Schuyler Invite 10:00AM WR © Bennington 1:30PM B/GBB vs Shelby/Rising City
6 2nd Sunday of Advent	7 6:00PM MS WR @ Howells Quad 6:30PM Res. BBB @ Bishop Neumann	NO SCHOOL IMMACULATE CONCEPTION 6:00PM B/GBB @ Howells/Dodge	6	10 TBA State One-Acts @ Norfolk	11 10:00AM WR @ Wood River Invite	### 3:00AM MIS GBB ### Columbus MIS Tourney ### 9:00AM MIS WR ### Utica Centennial Invite ### 10:00AM WR @ N Bend ### 1:30PM B/GBB #### @ Archbishop Bergan #### ACT Testing
3rd Sunday of Advent TBA Aquinas High School	4:30PM MS GBB vs Twin River 6:00PM Res. BBB @ Utica Centennial	15 4:30PM B/GBB @ Bishop Neumann	16 Penance Service & Eucharistic Adoration	6:30PM WR @ Central City Dual	SMS Spirit Day Last Day of School for First Semester	19 9:00AM MS GBB @ Shelby-Rising City 9:00AM MS WR @ Seward 9:00AM WR @ Wahoo Inv 1:30PM B/GBB vs Lincoln Lutheran
20 4th Sunday of Advent	21 Christmas Vacation	22 Christmas Vacation	23 Christmas Vacation Moratorium	24 Christmas Vacation Moratorium	25 Christmas Vacation Moratorium	26 Moratorium
27 Moratorium	28 Christmas Vacation	Christmas Vacation 12:00PM B/GBB @ DCHS Inv.	30 Christmas Vacation TBA B/GBB @ DCHS Inv.	31 Christmas Vacation		

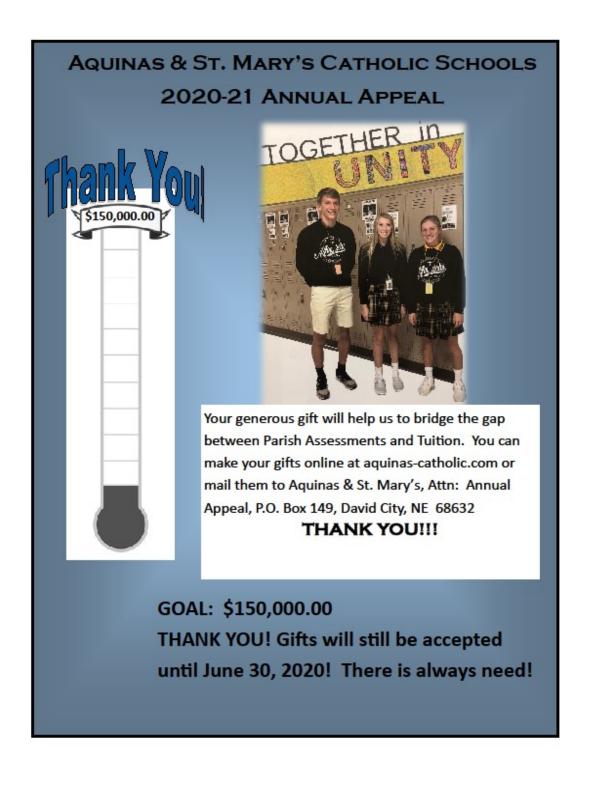
# www.aquinas-catholic.com/calendar

# January 2021

	Mon	Tue	Wed	Thu	Fri	Sat
					1 SOLEMNITY OF MARY Christmas Vacation	2 10:00AM WR @ Wood River Duals Invite 1:30PM B/GBB vs GACC
	4 Christmas Vacation	Christmas Vacation 4:30PM B/GBB vs Clarkson-Leigh	Faculty In-Service Christmas Vacation	7 Classes Resume 4:30PM B/GBB @ Pierce	8 ACT Registration Due <b>SMS</b> Baptism Mass and Adoration	9 10:00AM WR @ Aquinas TBA Speech @ Millard
	6:00PM Res. BBB © North Bend	4:30PM B/GBB vs Twin River	13	14 6:30PM WR EB/DC Tri @ East Butler	15 4:30PM B/GBB vs GICC	16 9:00AM WR @ Schuyler TBA Speech @ Raymond Central 5:15PM B/GBB @ Columbus Lakeview
	4:30PM MS BBB vs Twin River 6:00PM Res. BBB	19	20	4:30PM MS BBB vs Shelby-Rising City 7:30PM WR vs Scotus (Senior Night)	4:30PM B/GBB vs Hastings St. Cecilia	23 10:00AM WR Conf. @ AHS TBA Speech @ Lincoln S.W. 1:30PM B/GBB @ Kearney Catholic
	25 TBA B/GBB Conference @ Kearney Catholic	26	27 Penance Service & Eucharistic Adoration	5:30PM MS BBB vs Milford	SMS Spirit Day 7:00-8:30 PM SMS Father- Daughter Dance	9:00AM Res. BBB @ Shelby-Rising City TBA Speech @ Louisville 10:00AM WR @ Boone Central
31 Appleton Soup Supper Dwight Assumption God Bless America Dinner						

# www.aquinas-catholic.com/calendar











Winners will be drawn at Gold Rush on April 10th!

Tickets will be available at the Aquinas office as well as from sellers in the parishes who will be announced after January 1st.



# St. Mary's Grade School December 2020

USDA is an Equal Opportunity Provider

Mon	Tue	Wed	Thu	Fri
	1 Ham & Cheese on Bun Doritos Grapes	2 Bacon Cheeseburger Curly Fries Peach Dump Cake	3 Lasagna Green Beans Garlic Breadstick Pineapple	4 Fish Sticks Macaroni & Cheese Peas Oranges
7 Glazed Meatloaf Scalloped Potatoes Corn Garlic Toast Peaches	8 No School	9 Breakfast Casserole w/Ham WG Donut Holes Strawberries & Bananas	10 Chili Cinnamon Roll Applesauce	11 Cheese Ravioli w/ Red Sauce Green Beans Pears
14 Tater Tot Casserole Honey Glazed Carrots Garlic Breadstick Strawberries	15 Roasted Turkey Mashed Potatoes & Gravy Corn Roll Apple Crisp	16 Chicken & Bacon Ranch Wrap Sun Chips Lettuce Salad Grapes	17 Meatball Sub Green Peas Tropical Fruit	18 Tomato Soup Grilled Cheese Sandwich Corn Applesauce
21  NO SCHOOL CHRISTMAS BREAK DEC. 21— JAUNARY 7th	22 No School	23 No School	24 No School	25 No School
26 No School	27 No School	28 No School	Milk & water offered Daily Fruit/Veggie/ Salad Bar Offered Daily	Menu is Subject to Change and will be posted for students knowledge



# St. Mary's Grade School January 2021

USDA is an Equal Opportunity Provider

Mon	Tue	Wed	Thu	Fri
4 NO SCHOOL	5 NO SCHOOL	6 NO SCHOOL	7 Breaded Chicken Sandwich Baked Potato 1/2 Sour Cream Peaches	8. Cheese Quesadilla Baked Beans Stewed Tomatoes Tropical Fruit
11 Beef Goulash Green Beans Garlic Bread Stick Fruit Salad	12 Ham Slice Au Gratin Potatoes Peas Roll Applesauce	13 Chicken, Bacon & Ranch Wrap Baby Carrots Nacho Cheese Doritos Grapes	14 Hard Shell Taco Cheese Lettuce Rice Corn Pineapple	15 Cheese Pizza Green Beans Peaches
18 Chicken & Rice Casserole Roasted Broccoli Fruit	19 Hot Beef Mashed Potatoes & Gravy Glazed Carrots Mandarin Oranges	20 Chicken Cordon Bleu Rice Pilaf Peas Apple Crisp	21 Scalloped Potatoes & Ham Green Beans Emerald Pears	22 French Toast Sticks Cheese Omelet Hash Browns Yogurt Strawberries & Bananas
25 BBQ Pork Sandwich Baked Tater Tots Baked Beans Orange Applesauce Slush	26 Hamburger on Bun Cheese Slice Curly Fries Peaches	27 Cheesy Chicken Casserole Mixed Veg Blend Sliced Pears Dinner Roll	28 Chicken Tenders Ranch Wedges Corn Mandarin Oranges	29 Penne Pasta Red Sauce Garlic Bread Stick Green Beans Tropical Fruit
			Milk & water offered Daily Fruit/Veggie/ Salad Bar Offered Daily	Menu is Subject to Change and will be posted for students knowledge



# December 2020

# **Aquinas Catholic Schools**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Spaghetti w/ Meat Sauce Side Salad Garlic Breadstick Fruit	2 <u>8:00 Start</u> Charbroil  on Bun  French Fries  Coleslaw  Fruit	3 Chicken Nuggets Tater Tots Broccoli Blueberry Muffin Fruit	4 Tomato Soup Grilled Cheese Relishes Fruit	5
6	7 Orange Chicken Fried Rice Stir Fry Veggies Fortune Cookie	8 Holy Day NO SCHOOL	9 Fiestadas Tri Tators Green Beans Fruit Rice Krispie Bar	10 Popcorn Chicken Bowl Corn Bread Fruit	11 Lasagna Rollup Side Salad Garlic Bread Fruit	12
13	14 Crispitos Refried Beans Spanish Rice Fruit	Chicken Bacon Ranch Wraps Relishes Corn Fruit	16 Chicken Fried Steak Potatoes & Gravy Green Beans Roll & Fruit	17 Christmas Meal to be Announced	Pancakes Egg Patty Hashbrowns Yogurt Fruit	19
20	21 CHRISTMAS VACATION NO SCHOOL	CHRISTMAS VACATION NO SCHOOL	23 CHRISTMAS VACATION NO SCHOOL	24 CHRISTMAS VACATION NO SCHOOL	25 CHRISTMAS VACATION NO SCHOOL	26
27 1st Sunday of Advent	28 CHRISTMAS VACATION NO SCHOOL	29 CHRISTMAS VACATION NO SCHOOL	30 CHRISTMAS VACATION NO SCHOOL	31 CHRISTMAS VACATION NO SCHOOL		Veg/fruit bar & milk offered everyday Menus are subject to change



# January 2021

# **Aquinas Catholic Schools**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4 CHRISTMAS VACATION NO SCHOOL	5 CHRISTMAS VACATION NO SCHOOL	6 CHRISTMAS VACATION NO SCHOOL	7 Pizza Side Salad Tri Tators Rice Krispie Treat Fruit	8 Shrimp Poppers Mac & Cheese Peas Fruit	9
10	Crisipitos Refried Beans Spanish Rice Fruit	Goulash Side Salad Garlic Bread Fruit	Tacos Garnishes Corn Fruit Cookie	14 Biscuits & Gravy Egg Patty Fruit Yogurt	15 Grilled Cheese Tomato Soup Relishes Fruit	16
17	Hot Ham & Cheese Sandwich French Fries California Blend Fruit	19 Chicken & Rice Broccoli Jello Fruit Tea Roll	20 Rib Sandwich Potato JoJos Coleslaw Fruit	Porkette Mashed Potatoes & Gravy Corn Fruit & Bread	Tuna & Noodles Peas Tea Roll Fruit	23
24	25 Hot Ham & Cheese Sandwich French Fries Green Beans Fruit	26 Chicken Strips Baked Potato Broccoli Brownie Fruit	Chili Relishes Cinnamon Roll Fruit	Pulled Pork Sandwiches Potato JoJos Baked Beans Fruit	Cheese Quesadilla Refried Beans Spanish Rice Cookie & Fruit	30
31						Veg/fruit bar & milk offered everyday Menus are subject to change

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# **Aquinas Catholic Schools Basketball Covid Policy**

1. <u>Masks must be worn</u> & physical distancing is encouraged between non-household groups

## 2. Week day Schedule

5:45	Boys JV	North Gym
6:00	Girls Varsity	South Gym
7:30	Boys Varsity	South Gym
7.30	Girls IV	North Gym

## **Weekend Schedule**

1:15	Boys JV	North Gym
1:30	Girls Varsity	South Gym
3:00	Boys Varsity	South Gym
3:00	Girls JV	North Gym

## **Middle school Schedule**

4:30 start time South Gym

3. Visiting & Home Schools will receive 4 tickets for admission per roster athlete.

These tickets are for household members of the athlete family

If a family does not use all 4 tickets the visiting school may give those to a larger family.

## <u>Unused tickets may not be used by non-household members</u>

A roster must be sent 10 days in advance so I know how many tickets to send

I will also send 4 administrator passes per team,

## NO OTHER school or conference passes will be accepted.

There will be no cheerleaders in order to try and stay under the 25% limit of the gym.

### Games are being streamed/broadcast on the You-Tube Channel: Aguinas Catholic Activities

- 4. Visiting fans will use the bleachers behind the team benches in both gyms.
- 5. Visiting fans will use the east hallway concession stand.
- 6. **NO OUTSIDE food** may be brought into Aquinas at any time
- 7. Fans will share the same bathroom
- 8. Water fountains are not available
- 9. Children must sit with family in the stands and not run in the hallways.

Aquinas reserves the right to remove any fan not complying with the policy.

Changes due to the pandemic may need to be altered on a day by day basis.



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