



# Friday Notes

## COVID Update

We currently have no students or staff on quarantine. Continue to look for region information at [fourcorners.ne.gov](http://fourcorners.ne.gov).

## Virtue/SEL Program

### Choose Love program

4<sup>th</sup> Quarter:

**Compassion in Action:** find ways to do something good for someone else

**Saints:** St. Martin de Porres, Ven. Solanus Casey, Ven. Pierre Toussaint

## Upcoming Events:

**Online Library Book Fair Until Apr. 10!** More info below.

**Apr. 9: Good Shepherd Scholarship Due-extended.**

Remember to upload your tax forms so there is no delay. You can use this year or last.

**Apr. 1: Holy Thursday** Mass of the Last Supper in parishes

**Apr. 2: Good Friday, No School**—Many 3:00 Stations and Good Friday Services available in our deanery.—watch the K Stations? <https://youtu.be/Y7McAKp5Uxk>

**Apr. 3: Holy Saturday** vigil Mass

**Apr. 4: Easter Sunday, No School Mon., Apr. 5**

**Apr. 7: 9 AM LATE START – SPIRIT DAY**, bring \$1 for the Purple Park refurbish fund.

**Apr. 8: Baptism Mass 8 AM**, (1 parent/visitor may sit in the vestibule). **Music again!!**

## Keeping Students Moving

We talk a lot about the things we do to keep student's brains growing and learning, but here's a little info about keeping the rest of them moving along, too! Sometimes when students come home, they don't share much about their day. I try to use this space in our weekly notes to tell you about things they may not know or remember.

In class, students all the way through 5<sup>th</sup> grade are up for stretch breaks periodically during the day. Their educational blocks are not more than 30 minutes, since we know their attention spans can't hold out longer than that (and neither can ours often!). At younger grades, their learning segments are shorter, around 15 minutes. They will get them up and moving arms and legs to get their wiggles out and allow their brains to refocus. This activity also can help the instruction sink in for them.

Outside of class, students get ½ hour of PE every day where they stretch, run, and play a game. One day of the week they receive health instruction while they stretch. They also get 20-30 minutes of recess time after lunch. In music class, they are often up and around, dancing to their songs or practicing rhythms.

So, if your child says that all they do is sit in their desk, now you know the truth. This might also give you some fun

topics to ask them about as you recap their day.

*Many blessings on your family this Easter season.*

*Mrs. Zook*

## Save the Date

We are so excited to be able to offer a **Grandparents Day presentation of the spring program**. It will be at **1:15 PM at Aquinas on May 4**. Students will be able to enjoy a cookie (with their visitor, if they have one) in the cafeteria. Then, students will load the busses and return to St. Mary's for the normal bus runs. I can't give away the program, but you would be wise to wear red, white, and blue. ☺ There will be a general parent performance at 6:30 PM that evening.

## Parent To-Do List:

- Potential Broadband internet benefit: up to \$50/month if you qualify: [Emergency Broadband Benefit | Federal Communications Commission \(fcc.gov\)](https://www.fcc.gov/broadband/broadband-benefit)
- The Diocese has graciously agreed to extend the **Good Shepherd Scholarship until April 9**. Go to <https://online.factsmgt.com/signin/43NG4> or Aquinas-catholic.com, parents, FACTS link.



**Happy Easter:** Students brought home a **Our Lady of Grace decade finger rosary** clipped to their backpack.

*This is a gift from Spirit Club funds.*

*Hopefully they still have it there until May 7 when we pray a rosary in the garden for May Crowning. Hope they like them!*



**April 8, Baptism Mass, 8 AM,**  
1 parents/visitor may sit in the vestibule.

## Online Book Fair for the library!

Mar. 26-April 10 at [FollettBookFairs.com](https://efairs.follettbookfairs.com), code **MR1R9**

Or follow this link:

<https://efairs.follettbookfairs.com/guest/home?classCode=MW1R9>

\*Flyers will be coming home with students, too.



**Teachers have wish lists for their rooms or the library, too!**

**25% of proceeds go to the library!**

April	Baptism	Celebrants		
Kolbe	Pytlik	5	B	18-Apr
Tanner	Smith	4	A	17-Apr
Thomas	Juranek	4	B	17-Apr
Madelyn	Emory	4	A	2-Apr
Emma	Scheele	3	B	14-Apr
Kinsley	Roh	3	B	29-Apr
Augustine	Grady	2	B	6-Apr
Andrew	Oltmer	2	A	14-Apr
Kyle	Coufal	2	A	22-Apr
Asher	Radke	1	B	20-Apr
Royce	Klosterman	1	B	16-Apr
Jaxon	Valenti	K	B	13-Apr
Blake	Hein	K	A	18-Apr
Jemma	Schommer	K	B	28-Mar