AQUINAS CATHOLIC MIDDLE & HIGH SCHOOL

DISCIPLESHIP OPPORTUNITES CALENDAR

ONGOING OPPORTUNITIES

These opportunities may be available throughout the school year.

Personal Formation

- TEC (Dec 5-7; Feb 6-8; Mar 19-21; Apr 9-12) TEC
    - For 2nd Semester Sophomores, Juniors and Seniors
        - Register 3-8 weeks in advance; $120
- Eucharistic Adoration or parish holy hours
- Parish youth group or approved faith formation opportunities
- Family faith formation projects
- Bible studies or Catholic book studies
- Other approved formation experiences (ie creating prayer opportunities outside school hours)

Service to Parish

- Parish dinner/fundraiser
- Altar serving
- Parish choir or music ministry
- Religious education assistance
- Parish office or clerical help
- Church cleaning, parish grounds, or cemetery care
- Contact your Parish pastor or secretary

Service to School

- Tutoring or mentoring younger students
- Assisting teachers or staff outside the school day (or during study hours/free period)
    - Including Summer classroom prep
- Campus beautification or improvement projects
- Helping keep the chapel clean (basic vacuuming, dusting etc)
- School event preparation or clean-up (outside school hours)
- Helping with concessions OUTSIDE club/organization expectations
- Our annual school service day WILL give you 2.5 hours of school service.
- Other opportunities announced throughout the year

Service to Community

- Food pantry or meal ministry
    - Columbus: Simon House or _____ (help serve meals, via St Mary's Parish)
    - Contact: Bridging our community (#)
    - Blue Valley (#)
- Visiting or serving residents of nursing homes

- Serving elderly or homebound neighbors
- Community clean-up projects
- Pro-life service opportunities
- Volunteering with approved nonprofit organizations
- Serving neighbors or others in need

AUGUST

Date	Opportunity	Dimension	Details/Contact

SEPTEMBER

Date	Opportunity	Dimension	Details/Contact
Sept 13	Ulysses, Immaculate Conception Parish Dinner	Service to Parish	Contact Fr Stec or parish leadership team
Sept 20	Shelby Sacred Heart Parish Dinner	Service to Parish	Contact Fr Bedient or parish office
Sept 23	Prayer at the pole	Personal Formation/ or service to School	This could be a student organized opportunity for this "National Day of Prayer"

FALL OPPORTUNITIES

September–November

Ideas and opportunities that may occur throughout the fall:

- Annual Life Chain — Personal Formation/Community, as approved (October)
- Parish festivals, dinners, bazaars, and fall events — Parish
- Fall parish faith formation opportunities or missions — Personal Formation
- Truck or Treating helpers --Community
- Community fall service projects — Community
- School event assistance — School

OCTOBER

Date	Opportunity	Dimension	Details/Contact
Oct 4	Life Chain	Community or Parish	St Mary's Parish / Ask Mrs Jakub (Teens for Life)
Oct 4	Abie St Peter & Paul Duck Dinner	Service to Parish/or community if not your parish	Fr Hile or parish offices/leadership team

Oct 18	Bruno St Anthony's Duck and Pork Dinner	Service to Parish/or community if not your parish	Fr Hile or parish offices/leadership team

NOVEMBER

Date	Opportunity	Dimension	Details/Contact
Nov 8	St Mary's Harvest Festival	Parish	Parishioners are usually assigned jobs, contact Fr Connor/Parish office with questions

WINTER OPPORTUNITIES

December–February

Ideas and opportunities that may occur throughout the winter:

- Advent parish activities — Parish/Personal Formation
- Christmas outreach or giving projects — Community
- Christmas on the Bricks in David City -- Community
- Parish or community holiday events — Parish/Community
- Catholic Schools Week service opportunities — School
- Parish missions or retreats — Personal Formation
- Pro-life activities — Community/Personal Formation, as approved

DECEMBER

Date	Opportunity	Dimension	Details/Contact
Dec 5-7	TEC Retreat – Neb City Lourdes	Personal Formation	Register in advance - TEC

JANUARY

Date	Opportunity	Dimension	Details/Contact

FEBRUARY

Date	Opportunity	Dimension	Details/Contact
Feb 6-8	TEC Retreat – Neb City Lourdes	Personal Formation	Register in advance - TEC

SPRING OPPORTUNITIES

March–May

Ideas and opportunities that may occur throughout the spring:

- Lenten parish activities and service — Parish
- Parish missions or Lenten formation — Personal Formation
- Family Lenten faith formation — Personal Formation
- Holy Week/Easter parish needs — Parish
- Spring community clean-up — Community
- School spring service day — School
- Cemetery or parish grounds clean-up — Parish
- End-of-year school service opportunities — School

MARCH

Date	Opportunity	Dimension	Details/Contact
Mar 19-21 (Fri-Sun)	TEC Retreat – DC Aquinas	Personal Formation	Register in advance - TEC

APRIL

Date	Opportunity	Dimension	Details/Contact
April 9-12	TEC Retreat – Camp Kateri	Personal Formation	Register in advance - TEC

MAY

Date	Opportunity	Dimension	Details/Contact

SUMMER OPPORTUNITIES

June–August

Remember that approved projects completed during the summer may be included in the following year's Discipleship Plan.

- Totus Tuus assistance — Parish

- Sky Camp (attend in Middle School/help with in High School) -- Personal Formation or Community
- Vacation Bible School — Parish
- Steubenville Youth Conference — Personal Formation
- Approved retreats or pilgrimages — Personal Formation
- Parish festivals and summer events — Parish
- Community volunteer opportunities — Community
- Service to elderly or homebound neighbors — Community
- Other approved summer service or formation opportunities
- Helping at Fairground (clean, parking etc) for school at large

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Remember

The goal of the Aquinas Discipleship Program is not simply to complete participation hours, but to intentionally seek opportunities to **grow in relationship with Christ, strengthen your identity as His disciple, and live His mission with a servant heart.**

If you are unsure whether an opportunity qualifies or which Dimension it belongs to, talk with your Society Mentor before completing the project, they will bring any projects in question to the Discipleship Program Committee.