Aquinas Catholic Schools

Triennial assessment results 2026

Meet our team

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Policy compliance results

For a summary of the local school wellness policy's compliance, click HERE

Wellness policy goals

1. Nutrition education will be integrated into other subjects to complement, but not replace, the health and nutrition education curriculum that is provided in accordance with NDE Rule 10. Educators are to incorporate the promotion of healthy eating nutrition lifestyles in all subject areas as appropriate.
2. Physical Activity during the School Day: Elementary students will have the opportunity for daily recess. Weather and other conditions permitting, recess will be outdoors. Physical activity within class periods will be encouraged.
3. The school lunch rooms provide "What's for Lunch" posters along with appropriate non-discrimination posters.

For results on progress towards these goals click HERE

Key achievements

1. The local school wellness policy has been updated to include descriptions of the triennial assessment process as well as opportunities for participation and input into forming the policy.
2. Aquinas school lunch program continues to comply with federal and state meal standards.
3. Students are Aquinas have multiple opportunities to grow in health, wellness, and fitness.

Next Steps

The next steps include soliciting more input for the school wellness policy and its goals. Adding more members to the wellness committee would be beneficial.